

Dear Lonely Heart

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Intermediate
編舞者: William Sevone (UK) - April 2012
音樂: Qi Shi Ni Bu Dong Wo De Xin (其實你不懂我的心) - Wang Mei Hui : (Album: The Best Of Ballroom Part 8/18)



Recommended Alternative:- "Qi Shi Ni Bu Dong Wo De Xin" (96 bpm)... Angus Tung

My thanks to Nina Chen (Taiwan) for the suggestion, adaptation and video using the music by Angus Tung

Alternatives:- "Qi Shi Ni Bu Dong Wo De Xin" (84 bpm)... Gao Sheng Mei
"Qi Shi Ni Bu Dong Wo De Xin" (93 bpm)... Ye Qian Wen (Sally Yeh) (Greatest Hits)

Dance Sequence:- 48 – 45 – 48 – 24 – Bridge - 24 – 24 – Bridge – 18

Dance Sequence:- ANGUS TUNG version only - 48 – 45 – 48 – 24 – Bridge - 24 – 24 – 15

Choreographers note:- If using the version by Sally Yeh, refer to the note under 'Dance Finish'
Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.
Dance starts on the vocals.

2x Cross-Side-Together. Cross. Side. 1/2 Side (6:00)

1-2-3 Cross right over left. Step left to left side. Step right next to left heel.
4-5-6 Cross left over right. Step right to right side. Step left next to right heel.
7-8-9 Cross right over left. Step left to left side. Turn ½ right & step right to right side (6).

Style Note □ Counts 3 and 6 turn body inward.

1/2 Sway. Recover. Cross. Side 1/2 Side. Diag. 7/8 Fwd. 1/2 Back. Step (12:00)

10-11-12 Turn ½ right & sway onto left (12). Recover on right. Cross left over right.
13-14-15 Step right to right side. Turn ½ left & step left to left side (6). Step right diagonally forward left (4.30).
16-17-18 Turn 7/8th left & step forward onto left (6). Turn ½ left & step backward onto right (12). Touch left backward.

2x Cross-Back-Diagonal. Rock. Recover. Step (12:00)

19-20-21 Cross left over right. Step back onto right. Step left diagonally forward left.
22-23-24 Cross right over left. Step back onto left. Step right diagonally forward right.

BRIDGE □ Wall 4 and 5 :- Repeat Counts 19-24 (6 counts) then continue with dance from Count 25

25-26-27 Rock forward onto left. Recover onto right. Step onto left.

1/4 Side-3/4 Sweep-Back-Together-Forward or Easier Option (12:00)

28-29-30 Turn ¼ left & step right to right side (9). Sweep left over 2 counts ¾ left - keeping foot off floor (12).
31-32-33 Step back onto left. Step right next to left. Step forward onto left.
34-35-36 Turn ¼ left & step right to right side (9). Sweep left over 2 counts ¾ left - keeping foot off floor (12).
37-38-39 Step back onto left. Step right next to left. Step forward onto left.

Option □ □ An easier option for Counts 28-29-30 and 34-35-36

“Step forward onto right. Swing left forward and sweep in arc from front to back (2 counts)”

Fwd. Together. Fwd. Rock. Recover. Back. Side Rock. Recover. Touch (12:00)

40-41-42 Step forward onto right. Step left next to right. Step forward onto right.
43-44-45 Rock forward onto left. Recover on right. Step backward onto left.

SHORT WALL □ Wall 2:- Restart the dance from Count 1 at this point.

46-47-48 Rock/Sway right to right side. Recover onto left. Touch right 'shoulder width apart' from left.

Dance Finish □5th Wall:-The dance will end on Count 42 or Count 36 when using the Sally Yeh version.

Last Update - 6th May 2014
