

Get Down Funky

拍數: 64 牆數: 4 級數: Intermediate - Funky Motion
編舞者: Sebastiaan Holtland (NL) - July 2012
音樂: Bedroom (feat. Qwote & Pitbull) (Sebastian Knaak Edit Mix Reworked By RLS) -
Redd



“1st Place Amsterdam Open Masters Line Dance 2012”

32 count intro (15 sec).

Sec 1: [1-8] Jump Both Feet Apart, Twisting Heels, ¼ R, Jump Both Feet Apart, Twisting Heels, Syncopated Side Rocks, Recover.

&1&2 Jump bot feet apart (&1), twisting both heel out, twisting both heel back to centre. (12:00)
&3&4 Turn ¼ right (3) jump both feet apart (&3), twisting both heel out, twisting both heel back to centre taking weight onto Lf.
5-6 Rock Rf to the right, recover on Lf.
&7-8 Step Rf next to Lf, rock Lf to the left, recover on Rf. (3:00)

Sec 2: [9-16] Back Rock, Recover, ¼ R, Back, ¼ R, Side, Step, Hold, & Step, Hold.

1-2 Rock Lf back, recover on Rf.
3-4 Turn ½ right (9) step Lf back, step Rf to the right.
5-6 Step Rf forward, Hold.
&7-8 Step Rf next to Lf, step Lf forward, Hold.

Sec 3: [17-24] Fwd Rock, Recover, Jump Both Feet Apart ¼ R, Knee Pop, ¼ R, Side, Hitch, ¼ L, Step, Hitch.

1-2&3 Rock Rf forward, recover on Lf, turn ¼ right (12) jump both feet apart (&3).
3&4 Lift heels off the floor as you pop both knees forward, drop both heels to the floor take weight onto Lf
5-6 Turn ¼ right (3) step Rf to right, hitch L knee up.
7-8 Turn ¼ left (12) step Lf slightly forward, hitch R knee up.

Sec 4: [25-32] Dorothy Step R, Dorothy step L ¼ L, ½ Pivot L, ½ L, Back, ¼ L, Side.

1-2& Step Rf diagonal forward, lock Lf behind Rf, step Rf diagonal forward.
3,4& Turn ¼ left (9) step Lf diagonal forward, lock Rf behind Lf, step Lf diagonal forward.
5-6 Step forward on Rf, turn ½ left (3) take weight onto Lf.
7-8 Turn ½ to left (9) step back on Rf, turn ¼ left (6) step Lf to the left weight onto Lf.

Sec 5: [33-40] Step, Side, Sailor Heel, & Cross, Side, Sailor ¼ R.

1-2 Step Rf forward, step Lf to the left.
3&4 Step Rf behind Lf, step Lf to the left, touch R heel diagonal forward.
&5-6 Step Rf back to centre, cross Lf over Rf, step Rf to the right.
7&8 Step Lf behind Rf, turn ¼ right (9) step Rf forward, step Lf forward.

Sec 6: [41-48] Fwd Rock, Recover, Side, Hold, Step, Side, Sailor Step.

1-2 Rock Rf forward, recover on Lf.
3-4 Step Rf to the right, Hold.
5-6 Step Lf forward, step Rf to the right.
7&8 Step Lf behind Rf, step Rf to the right, step Lf forward.

Sec 7: [49-56] Fwd Rock, Recover, Side Rock, Recover, Behind, ¼ L, Step, ½ L, Back, ½ L, Step.

1-2 Rock Rf forward, recover on Lf.
3-4 Rock Rf to the right, recover on Lf.
5-6 Step Rf behind Lf, turn ¼ left (6) step Lf slightly forward.

7-8 Turn ½ to left (12) step back on Rf, turn ½ left (6) step Lf forward.

Sec 8: [57-64] ¼ L, Side Rock, Recover, Cross Shuffle, ¼ R, Back, ¼ R, Side, Step, Heel Swivel, Together.

1-2 Turn ½ to left (3) rock Rf to the right, recover on Lf.

3&4 Cross Rf over Lf, step Lf slightly to the left, cross Rf over Lf.

5-6 Turn ¼ right (6) step Lf back, turn ¼ right (9) step Rf to the right.

7&8 Step Lf forward, swivel R heel forward, step Rf beside Lf. (9:00)

Start again and have fun!

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