

2 Left Feet

拍數: 64 牆數: 4 級數: Improver
編舞者: Phil Ashcroft (UK) & Chris Lane (UK) - July 2012
音樂: The Boy Does Nothing - Alesha Dixon



32 count intro - Start on Vocals

KICK, KICK, ROCK BACK, DIAGONAL LOCK STEP, TOUCH

1-2 Kick right foot forward, kick right foot forward
3-4 Rock back on right, recover onto left
5-6 Step right diagonal forward, lock left behind right
7-8 Step right diagonal forward, touch left beside right

LEFT GRAPEVINE, TOGETHER, TWIST HEELS, TOES, HEELS, TOES

1-2 Step left to left side, cross right behind left
3-4 Step left to left side, step right beside left
5-6 Twist heels to the right, twist toes to the right
7-8 Twist heels to the right, twist toes to the right (taking weight on left foot)

MONTEREY ½ TURN X2

1-2 Touch right to right side, on ball of left make ½ turn right, stepping right beside left.(6)
3-4 Touch left to left side. Step left beside right
5-6 Touch right to right side, on ball of left make ½ turn right, stepping right beside left.(12)
7-8 Touch left to left side. Step left beside right

JAZZ BOX ¼ TURN, SCUFF, LEFT LOCK STEP, HOLD

1-2 Cross right over left, ¼ turn right stepping back on left (3)
3-4 Step right to right side, scuff left foot forward
5-6 Step forward on left, lock right behind left
7-8 Step forward on left, Hold

RIGHT MAMBO FORWARD, SLOW LEFT COASTER STEP, HOLD

1-2 Rock forward on right, recover onto left
3-4 Step back on right, Hold
5-6 Step back on left, step right beside left
7-8 Step forward left, Hold

STEP, PIVOT ½ TURN, STEP, HOLD, STEP LOCK STEP, HOLD

1-2 Step forward on right, pivot ½ turn left (9)
3-4 Step forward on right, Hold
5-6 Step forward on left, lock right behind left
7-8 Step forward on left, Hold

RIGHT MAMBO FORWARD, SLOW LEFT COASTER STEP, HOLD

1-2 Rock forward on right, recover onto left
3-4 Step back on right, Hold
5-6 Step back on left, step right beside left
7-8 Step forward left, Hold

STEP, PIVOT ½ TURN, STEP, HOLD, STEP LOCK STEP, TOUCH

1-2 Step forward on right, pivot ½ turn left (3)
3-4 Step forward on right, Hold

5-6

Step forward on left, lock right behind left

7-8

Step forward on left, touch right next to left
