

2X

拍數: 32 牆數: 4
編舞者: Kay Amburn (USA) - July 2012
音樂: Ex-Old Man - Kristen Kelly

級數: Improver / Low Intermediate



16 count intro

Triple step, Back rock, Monterey

- 1&2, 3-4 Step Left Foot to Left side, Step Right foot next to left, Step Left foot to Left side; Rock Right foot behind Left, recover weight to Left
- 5-8 Touch Right toe to right side, pivot on Left foot 1/2 turn transferring weight to Right, touch Left toe to left side, step on Left foot next to right

Step, brush x 2, rock, Coaster step

- 1-4 Step forward on Right foot, brush Left foot forward; step forward on Left foot, brush Right foot forward;
- 5-6, 7&8 Rock forward on Right foot, recover weight to Left foot; Step back on Right foot, step Left foot next to Right, step Right foot forward

Rock, 1/2 turn triple, 1/2 turn triple, back rock

- 1-2, 3&4 Rock Forward on Left foot, recover weight to Right; 1/4 turn Left stepping to the left side, step Right next to left, step Left foot Forward 1/4 turn to left
- 5&6, 7-8 Step side 1/4 turn on Right to right, Step Left foot next to right, step Right back 1/4 turn to right; rock back on Left foot, recover weight to Right

1/4 turn Toe struts x 2, Jazz box

- 1-4 Touch Left toe diagonally across right foot, place heel down; Touch Right Toe to right side making continuing Left, place heel down; (facing 3:00 wall)
- 5-8 Step Left foot across Right, Step back on right, step Left foot to left side, cross right Foot across Left (finishing turn facing 3:00 wall)

Repeat

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