

Bosa Nova EZ

COPPER KNOB
BY PETER LISAMCC

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lisa McCammon (USA) - July 2012
音樂: Blame It on the Bossa Nova - Jane McDonald



16 count intro - Start weight on RIGHT

This is an easier version of Phil Dennington's popular dance Bosa Nova.
It's intended to be used as a floor split so everyone can take the floor when it's requested--which is ALL THE TIME!

[1-8] BASIC L, TOUCH, BASIC R, KICK

1-4 Step L to side, step R next to L, step L to side, touch R next to L
5-8 Step R to side, step L next to R, step R to side, kick L to L diagonal

[9-16] BEHIND, TURN, FWD, HOLD, R FWD MAMBO, HOLD

1-4 Step L behind R, turn ¼ R [3] stepping fwd R, step fwd L, HOLD
5-8 Rock fwd R, rec L, step slightly back R, HOLD

[17-24] BACK, LOCK, BACK, HOLD, R COASTER STEP, HOLD

1-4 Step back L, cross R slightly over L, step back L, HOLD
5-8 Step back R, step L next to R, step fwd R, HOLD

[25-32] WALK, HOLD, WALK, HOLD, WALK, HOLD, STOMP, HOLD

1-8 Step fwd L, HOLD, step fwd R, HOLD, step fwd L, HOLD, stomp R, HOLD

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