

Moscas En La Casa

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate - Rumba
編舞者: Katrin Gäbler (DE) - July 2012
音樂: Moscas en la Casa - Shakira : (CD: Donde estan los ladrones)



Intro: 32 Counts

[1-8] Side Left, Hold, Back Rock, Recover, Step, Hold, Step, Pivot ½ Right

1-2 Step left to left, hold
3-4 Rock back on right, recover weight on left
5-6 Step forward on right, hold
7-8 Step forward on left, make ½ turn right (weight on right) (6.00)

[9-16] Full Turn Right, Step, Hold, Step, Touch, Back, Touch

1-2 Step left ½ right back, step right ½ right forward
3-4 Step left forward, hold
5-6 Step right forward, touch left next to right
7-8 Step left back, touch right next to left

[17-24] Hips Sway R,L,R Touch, Hip Sway L,R,L Touch

1-2 Step right to right sway hips to right, sway hips left
3-4 Sway hips right, touch left next to right
5-6 Step left to left sway hips to left, sway hips to right
7-8 Sway hips to left, touch right next to left

[25-32] Step, Touch, Step, Touch, Rock Step, Recover, ¼ Right, Cross

1-2 Step right forward, touch left next to right
3-4 Step left forward, touch right next to left
5-6 Rock right forward, weight back on left
7-8 Step right ¼ right, cross left over right

[33-40] Side Rock, Cross, Side Rock, Cross, Rock Step, Recover

1-2 Step right to right, weight back on left
3-4 Cross right over left, step left to left
5-6 Weight back on right, cross left over right
7-8 Step right forward, weight back on left

[41-48] 1 ½ Turn Right, Step, Point, Cross, Point, Step

1-2 Step right ½ right forward, step left ½ right back
3-4 Step right ½ right forward, step left forward
5-6 Point Right to right, cross right over left
7-8 Point left to left, step left forward

[49-56] Step Right, Spiral ½ Right, Step, Sweep, Step, Sweep, Cross, Side

1-2 Step right forward, make ½ turn right on right, left foot next to right ankle
3-4 Step forward on left, sweep forward on right
5-6 Step forward on right, sweep forward on left
7-8 Cross left over right, step right to right

[57-64] Back Rock Left, Recover, ¼ Left, Hold, Cross, Unwind Full Turn Left, Side, Hold

1-2 Rock back on left, weight back on right
3-4 Step left ¼ left forward, hold

5-6 Cross right over left, unwind full turn left
7-8 Step right to right, hold

TAG: 8 Counts Tag after 4. Wall !!!

Side, Hold, Back Rock Left + Right

1-2 Step left to left, hold
3-4 Rock right back, weight back on left
5-6 Step right to right, hold
7-8 Rock back on left, weight back on right

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