

Talk Is Cheap

拍數: 32 牆數: 2 級數: Beginner
編舞者: June Gardener (UK) & Pauline Richards (UK) - July 2012
音樂: Talk Is Cheap - Alan Jackson : (CD: Thirty Miles West)



32 count introduction – approx. 23 seconds

[1-8] HEEL HOOK HEEL FLICK, FORWARD SHUFFLE X 2

1&2& Touch right heel forward, cross right in front of left at shin, touch right heel forward, flick right heel back
3&4 Shuffle forward stepping right, left, right
5&6& Touch left heel forward, cross left in front of right at shin, touch left heel forward, flick left heel back
7&8 Shuffle forward stepping left, right, left

[9-16] MAMBO FORWARD, HALF TURNING SHUFFLES X 2, COASTER STEP

1&2 Rock forward on right, recover weight on left, step right beside left
3&4 Half turning shuffle left, stepping left, right, left
5&6 Half turning shuffle left, stepping right, left, right
7&8 Step back on left, step right beside left, step forward on left

[17-24] HEEL SWITCHES, GRAPEVINE WITH TOUCH X 2

1&2& Touch right heel forward, step right next to left, touch left heel forward, step left next to right
3&4& Step right to right side, step left behind right, step right to right side, touch left beside right
5&6& Touch left heel forward, step left beside right, touch right heel forward, step left beside right
7&8& Step left to left side, step right behind left, step left to left side, touch right beside left.

[25-32] ¼ MONTEREY TURN X 2, MAMBO FORWARD, COASTER STEP

1&2& Touch right toe to right side, on ball of left make a ¼ turn right stepping right beside left, touch left toe to left left side, step left beside right
3&4& Touch right toe to right side, on ball of left make a ¼ turn right stepping right beside left, touch left toe to left left side, step left beside right
5&6 Rock forward on right, recover weight on left, step back right
7&8 Step back on left, step left beside right, step forward on left
