

# Talk Is Cheap

拍數: 32      牆數: 2      級數: Beginner  
編舞者: June Gardener (UK) & Pauline Richards (UK) - July 2012  
音樂: Talk Is Cheap - Alan Jackson : (CD: Thirty Miles West)



**32 count introduction – approx. 23 seconds**

## **[1-8] HEEL HOOK HEEL FLICK, FORWARD SHUFFLE X 2**

1&2&      Touch right heel forward, cross right in front of left at shin, touch right heel forward, flick right heel back  
3&4      Shuffle forward stepping right, left, right  
5&6&      Touch left heel forward, cross left in front of right at shin, touch left heel forward, flick left heel back  
7&8      Shuffle forward stepping left, right, left

## **[9-16] MAMBO FORWARD, HALF TURNING SHUFFLES X 2, COASTER STEP**

1&2      Rock forward on right, recover weight on left, step right beside left  
3&4      Half turning shuffle left, stepping left, right, left  
5&6      Half turning shuffle left, stepping right, left, right  
7&8      Step back on left, step right beside left, step forward on left

## **[17-24] HEEL SWITCHES, GRAPEVINE WITH TOUCH X 2**

1&2&      Touch right heel forward, step right next to left, touch left heel forward, step left next to right  
3&4&      Step right to right side, step left behind right, step right to right side, touch left beside right  
5&6&      Touch left heel forward, step left beside right, touch right heel forward, step left beside right  
7&8&      Step left to left side, step right behind left, step left to left side, touch right beside left.

## **[25-32] ¼ MONTEREY TURN X 2, MAMBO FORWARD, COASTER STEP**

1&2&      Touch right toe to right side, on ball of left make a ¼ turn right stepping right beside left, touch left toe to left left side, step left beside right  
3&4&      Touch right toe to right side, on ball of left make a ¼ turn right stepping right beside left, touch left toe to left left side, step left beside right  
5&6      Rock forward on right, recover weight on left, step back right  
7&8      Step back on left, step left beside right, step forward on left

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