

# Rock and Roll Heart

拍數: 48                      牆數: 4                      級數: High Beginner  
編舞者: Karen Tripp (CAN) - July 2012  
音樂: I've Got a Rock 'N' Roll Heart - Eric Clapton : (Album: Money and Cigarettes)



Wait: 16 counts

Tag: 4 hip bumps at end of Wall 1 (facing 9:00) and 3 (facing 3:00), Restart on Wall 5 after 32 counts

End: Ends at count 24, omit the turn on the Triple (do a side shuffle), ends facing 12:00

## [1-8] STEP, POINT SIDE, STEP, POINT SIDE, FORWARD SHUFFLE TWICE

1-4                      Step forward on right, point left toe to the side, step forward on left, point right toe to the side  
5&6                      Step forward on right, close left to right, step forward on right  
7&8                      Step forward on left, close right to left, step forward on left

\*\* Alternate option for counts 5-8: 2 Forward Locking Steps

## [9-16] JAZZ BOX WITH CROSS, 4-COUNT VINE

9-12                      Cross right over left, step back on left, step side on right, cross left over right  
13-16                      Step side on right, cross left behind right, step side on right, cross left over right

## [17-24] SYNCOPATED SCISSORS, VINE 2, TRIPLE ¼ LEFT \*\*

17-18                      Step side on right, close left to right  
19&20                      Cross right over left, step left in place, cross right over left  
21-22                      Step side on left, cross right behind left  
23&24                      Turn ¼ left and step left, step right in place, step left in place (9:00)

\*\* Dance ends here; omit turn on the Triple

## [25-32] STEP FORWARD, TURN ½, FORWARD LOCKING STEP, ROCK FORWARD, RECOVER, STEP BACK, HOOK

25-26                      Step forward on right, turn ½ left and step left  
27&28                      Step forward on right, lock left behind right, step forward on right  
29-32                      Rock forward on left, recover back onto right, step back on left, hook right foot over left shin  
(3:00)

----->Restart here on Wall 5 <-----

## [33-40] DIAGONAL FWD LOCK STEP, ROCK FWD, RECOVER, DIAGONAL LEFT FWD LOCK STEP, ROCK, RECOVER

33&34                      Step diagonally right, lock left behind, step forward right (1:00)  
35-36                      Rock diagonally forward on left, recover on right adjusting to face wall  
37&38                      Step diagonally left, lock right behind, step forward left (11:00)  
39-40                      Rock diagonally forward on right, recover on left adjusting to face wall (3:00)

## [41-48] BACK LOCKING STEP 2X, ROCK BACK, RECOVER, STEP FORWARD, TURN ½ LEFT

41&42                      Step back on right, cross (lock) left in front of right, step back on right  
43&44                      Step back on left, cross (lock) right in front of left, step back on left  
45-48                      Rock back on right, recover forward on left, step forward on right, turn left ½ and step left  
(9:00)

## TAG

1-4                      Hip bumps R, L, R, L

RESTART: The fifth time you do the sequence (starting facing 12:00), restart after 32 counts (you will be facing 3:00).

END: Omit the turn on the ¼ turn triple and remain facing 12:00

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