

My Kind of Love

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Nicola Lafferty (UK) - July 2012
音樂: My Kind of Love - Emeli Sandé



Intro: 32 Count Intro

[1-8] R NIGHTCLUB BASIC, 1/2 TURN, SIDE, CROSS PRESS, RONDE, ROCK RECOVER, RONDE, ROCK RECOVER

- 1,2& Step RF to R side, close LF to RF, Cross RF a small step over LF
- 3 Stepping back onto LF, make 1/2 turn to R
- 4& Step RF to R side, cross press (without weight) LF over RF
- 5 Stepping back on RF, ronde L leg from front to back
- 6& Rock LF a small step back, recover weight to RF
- 7 Stepping back on LF, ronde R leg from front to back
- 8& Rock RF a small step back, recover weight to LF

[9-16] 1/2 TURN, COASTER STEP, TRIPLE FWD, SLOW 1/2 PIVOT, FAST 1/2 PIVOT

- 1 Making a 1/2 turn over L shoulder, step RF back
- 2&3 Step LF back, close RF to LF, Step LF fwd
- 4&5 Step RF fwd, close LF to RF, step RF fwd
- 6,7 Step LF fwd, 1/2 pivot to R, putting weight to RF
- 8& Step LF fwd, 1/2 pivot to R, putting weight to RF

[17-24] WALK, WALK, FWD ROCK RECOVER, SWING WALKS BACK X 3, BALL CHANGE

- 1,2 Walk LF fwd, Walk RF fwd
- 3&4 Rock LF fwd, recover weight to RF, Step LF a small step back
- 5,6,7 Walk back on RF, releasing L toe, collect LF past RF as you walk back on LF, releasing R toe, collect RF past LF as you walk back on RF, releasing L toe
- 8& Rock back on the ball of the LF, recover weight to RF

[25-32] WALK, SIDE ROCK CROSS X 3, 1/4 TURN, 1/4 TURN, CROSS

- 1 Walk LF fwd
- 2&3 Rock RF to R Side, recover weight to LF, Cross RF over LF
- 4&5 Rock LF to L Side, recover weight to RF, Cross LF over RF
- 6&7 Rock RF to R Side, recover weight to LF, Cross RF over LF
- 8&8 Make 1/4 turn R stepping back on LF, Make 1/4 turn R stepping RF to R side, cross LF over RF

Begin again