Feelin' Single



拍數: 32 牆數: 4 級數: Improver / Intermediate

編舞者: Gary Stubbs (UK) - July 2012 音樂: Feelin' Single - R. Kelly



WALK, WALK, ROCK AND CROSS, SIDE ROCK, CROSS SHUFFLE.

1-2 Walk forward right, walk forward left.

&3-4 Make a ¼ turn L rocking R to R side, Recover onto L, cross R over L.

5-6 Rock L to L, Recover to R.

7&8 Cross L over R, Step R to R side, Cross L over R.

LARGE STEP R WITH DRAG, BALL CROSS SIDE, BEHIND SIDE CROSS, 3X HIP BUMPS.

1-2 Step R a big step to R side, drag L to R.

&3-4 Step L a small step back ,cross R slightly over L, step L to L side.

5&6 Cross R behind L, step L to L side, Cross R over L.

7-8-1 Step L to I side bumping hips to L , Bump hips to R , Bump Hips to L weight ending on L.

HOLD, SLIDE AND WALK WALK, STEP TURN STEP, ½ AND ¼.

2&3-4 Hold for one count and start to slide R up to L, Step R next to L, Walk forward L, R.

5&6 Step L forward, Pivot ½ turn R, Step forward L.

7-8 Make a ½ turn L stepping back on the R, Make a ¼ turn L stepping L to L side.

R SAILOR, L 1/4 SAILOR, FULL TURN PADDLE STEP.

1&2 Cross R behind L, Step L to L side, Step R to Side.

3&4 Cross L behind R making a ¼ turn L , Step R in place , Step L slightly forward.

Touch R to side making a ¼ turn L ,Touch R to side making a ¼ turn L.
Touch R to side making a ¼ turn L ,Touch R to side making a ¼ turn L.

Restart 4th and 9th Wall: Dance up to counts 13&14 and replace the hip bumps with a Side step to L and Touch R next to L.

Hope You Enjoy, Happy Dancing =D.