BFF (Best Friend Forever)

拍數: 32   **牆數:** 4   **級數:** Beginner / Improver

編舞者: Darren Bailey (UK) - July 2012

音樂: Everybody Needs a Best Friend - Norah Jones

R vine scuff, L vine scuff.

1-2	Step Rf to R side, cross Lf behind Rf
3-4	Step Rf to R side, Scuff Lf forward
5-6	Step Lf to L side, cross Rf behind Lf
7-8	Step Lf to L side, Scuff Rf forward

Cross, Back, side, Scuff, cross, back, side, touch.

1-2	Cross Rf over Lf, step back on Lf
3-4	Step Rf to R side, scuff Lf forward (Or kick Lf forward)
5-6	Cross Lf over Rf, step back on Rf
7-8	Step Lf to L side, scuff Rf forward (Or kick Rf forward)

Step, touch, X2 ((R,L)on diagonals) walk back R, L, R, L.

1-2	Step forward on with Rf on R diagonal (1:30), touch Lf next to Rf
3-4	Step Forward on with Lf on L diagonal (11:30), touch Rf next to Lf
5-6	Step back on Rf, step back on Lf
7-8	Step back on Rf, step back on Lf

Side, touch, x2 (R, L), Jazz box 1/4 turn with Kick ball cross ending.

1-2	Step Rf to R side, touch Lf next to Rf
3-4	Step Lf to L side, touch Rf next to Lf
5-6	Cross Rf over Lf, make a 1/4 turn R and step back on Lf
7&8	Kick Rf forward, step Rf next to Lf, crosss Lf over Rf

Tag: At end of walls (6 and 7)

1-2	Step Rf to R side, cross Lf behind Rf
3&4	Kick Rf forward, step Rf next to Lf, crosss Lf over Rf