

Picking Up The Pieces

COPPER KNOB
BY STEPHEN METELNICK

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - June 2012
音樂: Picking Up the Pieces (Radio Edit) - Paloma Faith



(NOTE: Intro is halftime of actual rest of song, so count the intro with a fast 8 – you will get 32 counts before starting the dance. If counting it slow it would be 16 counts.)

She will sing “do you think” – Start on the word “think”

[1-8] R side, hold, L back rock/recover, ¼ R & L side, hold, R back rock/recover

1-4 Step R side, hold, rock L back, recover weight on R
5-8 Turning ¼ right step L side, hold, rock R back, recover weight on L (3 o'clock)

[9-16] ½ L hinge, R cross step, L side rock/recover, L fwd, R side rock/recover

1-2 Turning ¼ left step R back, turning ¼ left step L side (9 o'clock)
3-6 Cross step R over L, rock L side, recover weight on R, step L forward

ENDING: Final wall starts facing front. End here turning the L side rock & recover ¼ R to face front. Step L fwd.

7-8 Rock R side, recover weight on L

[17-24] R fwd rock/recover, R & L back step sweeps, R back rock/recover

1-4 Rock R forward, recover weight on L, step R back, sweep L front to back
5-8 Step L back, sweep R front to back, rock R back, recover weight on L

[25-32] L diagonal step, tap, back, side: R diagonal step, tap, back, ½ L turn towards diagonal

1-3 Turning towards L diagonal (7 o'clock): Step R fwd, tap L behind R, step L back
4 Step R side turning towards right diagonal (11 o'clock)
5-7 Facing R diagonal (11 o'clock): Step L forward, tap R behind L, step R back
8 Turning ½ left step L forward towards opposite diagonal (5 o'clock)

[33-40] R fwd, ½ L pivot turn, R fwd, hold, R full turn towards diagonal, L fwd, R scuff

1-4 Step R forward, pivot ½ left towards opposite diagonal (11 o'clock), step R forward, hold
5-8 Turning ½ right step L back, turning ½ right step R forward, step L forward, scuff R forward

Non-turning option: 5-8: walk fwd L, R, L, scuff R fwd

RESTART: During wall 3: Dance first 40 counts but instead of going to the diagonal straighten up towards your 12 o'clock wall and scuff R fwd squaring yourself to begin dance again.

[41-48] R jazz box cross squaring to front wall, ½ L hinge, R cross step, ¼ R & L back

1-4 Cross step R over L, step L back squaring to front wall (12 o'clock), step R side, cross step L over R
5-6 Turning ¼ left step R back, turning ¼ left step L side (6 o'clock)
7-8 Cross step R over L, turning ¼ right step L back (9 o'clock)

[49-56] R rock back/recover, L full turn fwd, R fwd rock/recover, R back big step, hold

1-4 Rock R back, recover weight on L, turning ½ left step R back, turning ½ left step L forward (9 o'clock)

Non-turning option 3-4: walk forward R, L

5-8 Rock R forward, recover weight on L, step R back a big step, HOLD

[57-64] L back rock/recover, ½ R & L back, ¼ R & R side, L cross step, R side rock/recover, touch R together

1-2 Rock L back, recover weight on R
3-4 Turning ½ right step L back, turning ¼ right step R side (6 o'clock)
5-8 Cross step L over R, rock R side, recover weight on L, touch R together

Contact: Tel: 01462 735778 - Website: www.thedancefactoryuk.co.uk
