

# Oh My Days!

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Shaz Walton (UK) - June 2012  
音樂: Love Me (feat. Travie McCoy) - Stooshe : (iTunes)



Count in: 32 counts

## S1: Tap. Side. Sailor. Tap. Side. Sailor. Side. Side.

1-2      Tap right beside left. Step right to right side.  
3&      Cross step left behind right. Step right to right.  
4-5      Tap left to left. Step left down.  
6&      Cross step right behind left. Step left to left side.  
7-8      Step right to right side. Step left to left side.

## S2: Rock recover. ¼ rock recover. ¼ rock back recover. Shuffle ½ turn.

1-2      Rock forward right. Recover left.  
3-4      Make ¼ right as you rock right to right side. Recover left.  
5-6      Make ¼ right as you rock back on right. Recover on left.  
7&8      shuffle ½ turn left – stepping R-L-R

## S3: Back. Sweep. Coaster step. Toe strut. Ball. Walk x2

1-2      Step back left. Sweep right from front to back  
3&4      Step back right. Step back left. Step forward right.  
5-6      Touch left toes forward. Drop left heel as you raise right heel. (Weight left)  
&7-8      step right beside left. Walk forward left. Walk forward right.

## S4: Grind/ rock recover. Step. grind/rock recover step. ¼ grind recover. Step. Cross. side.

1-2&      Dig left heel forward as you rock onto left with toes to right diagonal. Recover on right as left toes point to left diagonal. Step left beside right.  
3-4&      Dig right heel forward as you rock onto right with toes to left diagonal. Recover on left as right toes point to right diagonal. Step right beside left.  
5-6&      Dig left heel forward as you rock onto left with toes to right diagonal. Recover on right making a ¼ left as left toes point to left diagonal. Step left beside right.  
7-8      Cross step right over left. step left to left side.

**\*\* Bridge / Restart 3 – FREEZE! For 4 counts & resume the dance from count 33\*\***

## S5: Cross. Rock recover cross. Point. ½ rock recover cross. point

1      Cross step right over left.  
2&3      Rock left to left. Recover on right. Cross step left over right.  
4 -5      Point right to right side. Make ½ right on the ball of left stepping right beside left.  
6&7      Rock left to left. Recover on right. Cross step left over right.  
8      point right to right side.

**\*\* 1st Restart point wall 2\*\* see below**

## S6: Hitch. Point. Hitch step point. ¼ .back. back. Forward.

1-2      Hitch right knee across left. Point right to right side  
3&4      Hitch right knee across left. Step right beside left. Point left to left side.  
5-6      Make ¼ left keeping weight on right & left touched forward. Step back left  
7-8      Step back right. Step forward left.

**\*\*2nd Restart point – wall 5\*\***

## S7: Cross rock recover. Chasse. Back rock recover. Chasse ¼.

1-2      Cross rock right over left. recover on left.

3&4 Step right to right side. Step left beside right. Step right to right side.  
5-6 Rock back on left. Recover on right  
7&8 Chasse  $\frac{1}{4}$  right stepping L-R-L

**S8: Back. Sweep. Back. Sweep. Sailor  $\frac{1}{4}$  cross. Touch. Bump.**

1-2 Step back right. Sweep left from front to back.  
3-4 Step back left. sweep right from front to back.  
5&6 cross right behind left making  $\frac{1}{4}$  right. Step left to left side. Cross step right over left.  
7-8 Touch left to left side. Bump hips to left dropping weight onto left.

**Tag / Restart – wall 2 – dance up to counts 48 & do the following.**

**Cross. Rock recover cross. Point.  $\frac{1}{2}$  rock recover cross. point**

1 Cross step right over left.  
2&3 Rock left to left. Recover on right. Cross step left over right.  
4 -5 Point right to right side. Make  $\frac{1}{2}$  right on the ball of left stepping right beside left.  
6&7 Rock left to left. Recover on right. Make  $\frac{1}{4}$  right stepping left forward. .  
8 Touch right beside left.

**Restart the dance again from the front wall.**

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