

# Blink of An Eye

COPPERKNOB  
BY STEPHEN METELNICK

拍數: 32      牆數: 3      級數: Intermediate  
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - June 2012  
音樂: 30 Minute Love Affair - Paloma Faith : (CD: Fall To Grace - 3:20)



Start after the a cappella opening and 16 heavy beat intro. (You never Start the dance facing L side wall)

[1-9] R fwd, L side rock/recover, L behind, ¼ R & R fwd, L fwd, R fwd rock/recover, ½ R cha

1-3            Step R forward, rock L side, recover weight on R  
4&5            Cross step L behind R, turning ¼ right step R forward, step L forward (3 o'clock)  
6-7            Rock R forward, recover weight on L  
8&1            Turning ½ right step R forward, step L together, step R forward (9 o'clock)

[10-17] L fwd, ¼ R pivot, L cross cha, ½ L hinge turn, ½ L chase turn

2-3            Step L forward, pivot ¼ right (weight on R) (12 o'clock)  
4&5            Cross step L over R, step R side, cross step L over R  
6-7            Turning ¼ left step R back, turning ¼ left step L forward (6 o'clock)  
8&1            Step R forward, pivot ½ left, step R forward (12 o'clock)

**Non-turning option 6-7-8&1: Step R side, step L together, step R side, step L together, step R fwd**

[18-25] L fwd rock/recover, turn ½ L & cha forward, L full turn fwd, R cha forward

2-3            Rock L forward, recover weight on R  
4&5            Turning ½ left step L forward, step R together, step L forward (6 o'clock)  
6-7            Turning ½ left step R back, turning ½ left step L forward (6 o'clock)

**Non-turning option 6-7: step R forward, step L forward**

8&1            Step R forward, step L together, step R forward

[26-32] L fwd rock/recover, L back lock step, ½ R, ¼ R, R coaster (1st 2 steps only, count 1 of section 1 finishes the coaster)

2-3            Rock L forward, recover weight on R  
4&5            Step L back, lock R over L, step L back  
6-7            Turning ½ right step R forward, turning ¼ right step L side (3 o'clock)  
8&            Step R back, step L together

## EZ EXTRAS:-

**RESTARTS:** Each time you face the back wall dance ONLY the first 24 counts which will bring you to the front wall and restart the dance (12 o'clock)

**TAG:** At end of wall 7 facing R side wall (3 o'clock): add the following 4 counts during the break in the music and begin dance again

1-4            Sway R, L, R, L

**ENDING & BIG FINISH:** Dance the following counts:

1-3            Step R forward, rock L side, recover weight on R  
4&5            Cross L behind R, step R to R side, place L forward striking a pose! (12 o'clock)

Contact: Tel: 01462 735778 - Website: [www.thedancefactoryuk.co.uk](http://www.thedancefactoryuk.co.uk)