

Heaven Sent

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Ashley Knowles (UK) & Yvonne Anderson (SCO) - June 2012
音樂: Angel Eyes - Love and Theft : (CD: Single - iTunes)



Notes: Start on vocal. Restart during wall 3 following count 24 facing 9 o'clock

[1-8] R&L TOE SWITCHES, FORWARD SHUFFLE, MAMBO 1/2 TURN LEFT, 3/4 TURN LEFT

1&2 Touch R toes to right, (&) Step r beside left, touch L toes to left [12]
&3&4 (&) step L beside right, Shuffle forward stepping R,L,R [12]
5&6 Rock L forward, (&) Recover weight on R, Make 1/2 turn left stepping L forward [6]
7-8 Make 1/2 turn left stepping R back, Make 1/4 turn left stepping L to side [9]

[9-16] CROSS SHUFFLE, SIDE ROCK-RECOVER, BEHIND-SIDE-CROSS, SIDE ROCK-RECOVER

1&2 Step R across left, (&) Step L to left, Step R across left [9]
3-4 Rock L to left, Recover weight on R [9]
5&6 Step L behind right, (&) Step R to right, Step L across right [9]
7-8 Rock R to right, recover weight on L [9]

[17-24] SAILOR 1/2 TURN RIGHT, SKATE L R, SHUFFLE FORWARD, SKATE R L

1&2 Step R behind left, (&) Make 1/4 turn right stepping L to side, Make 1/4 turn right stepping R to side [3]
3-4 Skate forward L, Skate forward R [3]
5&6 Shuffle forward stepping L,R,L [3]
7-8 Skate forward R, Skate forward L [3]

RESTART during wall 3, (facing 9 o'clock)

[25-32] VAUDEVILLES X 2, STEP 1/2 X 2

1&2 Step R across left, (&) Step L back, Touch R heel forward [3]
&3&4 (&) Step R beside left, Step L across right, (&) Step R back, Touch L heel forward [3]
&5-6 (&) Step L beside right, Step R forward, Make 1/2 pivot turn left taking weight on L [9]
7-8 Step R forward, Make 1/2 pivot turn left taking weight on L [3]

Repeat

Special thanks go to all our friends at the Maze Workshop day and to Roz and Betty for their support and inspiration.