

# Shake Them Boots

COPPER KNOB  
STEP SHEETS

拍數: 32      牆數: 2      級數: Improver / Low Intermediate  
編舞者: Donna Manning (USA) - June 2012  
音樂: Shake It (feat. Big & Rich) - The Lacs



## CROSS ROCK, BACK ROCK, CROSS, SIDE, BEHIND, ¼ TURN L

1,2,3,4      R Cross Rock (10:30), recover weight to L, R back rock (4:30), recover weight to L

\*\*\*hips still angled to 10:30\*\*\*

5, 6, 7, 8      Cross R over L, Step L to L side, Cross R behind L, Turn ¼ L stepping L foot forward (9:00)

## ½ TURN L, L FT SWEEP, STEP BACK, R FT SWEEP, R BACK ROCK, STEP, DRAG

1, 2      ½ Turn L Stepping back on R (sit slightly back on that R for stability) , Sweep L foot from front to back

3, 4      Step down on L foot, Sweep R from front to back

5, 6      R back rock, Recover weight to L

7, 8      Big step forward with R, drag L foot to meet R (don't change weight) (3:00)

## BUMP, BUMP, STEP, DRAG, BUMP, BUMP, STEP, DRAG

1, 2      Keeping weight on R - Bump L hip front, Bump R hip back

3, 4      Step L foot forward, Drag R foot to meet L (don't change weight)

5, 6      Keeping weight on L - Bump R hip front, Bump L hip back

7, 8      Step R foot forward, Drag L foot forward to meet R (3:00)

## STEP FORWARD, ¼ TURN R, CROSS, KICK, KICK, ROCK RECOVER, HITCH

1, 2, 3      Step L foot forward, ¼ Turn R (taking weight - over rotate), Step L foot across

4, 5      R foot low kick to 7:30 - twice

6, 7      R Back Rock (1:30), Recover weight to L

8      R hitch from back to front - body will be angled facing 7:30 then finishing facing 4:30 (6:00)

Styling hint- toes pointed down - that flat foot isn't appealing, keep foot close to L leg

**END OF DANCE! HAVE FUN! SMILE!**

**REPEAT! - NO tags or restarts**

[www.dancinfree.com](http://www.dancinfree.com) - [dancindonna928@yahoo.com](mailto:dancindonna928@yahoo.com)

You may copy this step sheet as is. No alterations may be made without permission from Donna.

Last Revision - 6th July 2012