

I Am An Island

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Linda Nyholm (CAN) - June 2012
音樂: Islands in the Stream - Bee Gees



Intro: 16 counts

[1-8] Vine 2, side shuffle, Step, tap, step, kick

1-2 Step right to side, step left behind right
3&4 Step right to side, Step left next to right, step right to side
5-6 Step left fwd, tap right behind
7-8 Step right back, kick left fwd (low, easy kick)

[9-16] Vine 2, shuffle 1/4, fwd lock, shuffle

9-10 Step left to side, step right behind left
11&12 Step left ¼ to left, step right beside left, step left fwd
13-14 Step right fwd, lock left behind right
15&16 Step right fwd, step left next to right, step right fwd

[17-24] Rock, recover, shuffle ½, rock, recover, cross strut

17-18 Rock fwd on left, recover to right
19&20 Turning ½ to left, shuffle left, right, left
21-22 Rock right to side, recover to left
23-24 Cross right over left, stepping down on toes, put weight on heel

[25-32] Rock, recover, vine

25-26 Rock left to side, recover to right
27-28 Cross left over right, stepping down on toes, put weight on heel
29-30 Step right to side, step left behind right
31-32 Step right to side, step left in front of right

****Dance will shift from count but then, comes back—just dance through it**
