

Ponderosa

拍數: 32 牆數: 4 級數: Advanced Beginner
編舞者: William Sevone (UK) - July 2012
音樂: Bonanza Ska - Carlos Malcolm & His Afro-Jamaican Rhythms : (Album: One Step Beyond)



**Choreographers note:- The famous 'Bonanza' tv theme with a 'Lone Ranger' twist ...a'la Ska
This dance contains the 'Mule Kick' option..
Dance starts on the THIRD count after the second Horse 'Neigh'**

2x Toe Turn-Centre. 1x Double Toe Split. Centre. Shuffle (12:00).

At the start of the dance Counts 1-3-5 coincide with the three 'bangs'

- 1 - 2 ('bang 1') on heel - Turn right toe and upper body to right side. Return to centre.
- 3 - 4 ('bang 2') on heel - Turn left toe and upper body to left side. Return to centre.
- 5 - 6 ('bang 3') both heels - Turn both toes outward. Return to centre.
- 7 & 8 Shuffle forward stepping: L-R-L.

Dance note: Counts 1 to 6: Place toe down to floor at end of each count

**Fun Style: Start of dance only - Counts 1,3,5: use fingers as 'pretend' guns. Counts 2,4,6: 'blow the barrel'
1-fire to right. 3-fire to left. 5-fire both right & left.**

Fwd. 1/2 Pivot. Fwd. 1/2 Sweep. Sailor. Hook n Slap. Together (12:00).

- 9 - 10 Step forward onto right. Pivot ½ left (weight on left foot) (6).
- 11 - 12 Step forward onto right. Turn ½ left – sweeping left foot (keep off floor) (12).
- 13 & 14 Step left behind right, step right next to left, step left to left side.
- 15 - 16 Hooking right foot behind left leg – slap foot with left hand. Step right next to left.

RESTART Walls 4 and 7: Restart the dance from Count 1

2x Chasse-Rock-Recover (12:00).

- 17 & 18 Chasse left stepping: L.R-L.
- 19 - 20 Rock right over left. Recover onto left.
- 21 & 22 Chasse right stepping: R.L-R.
- 23 - 24 Rock left over right. Recover onto right

Side-Slap. Slap. Jump Fwd-Step Back or 'Mule Kick'. 2x 1/8 Side Rocks. Together (3:00).

- 25 - 26 Stepping left next to right - slap left butt with left hand. Slap right butt with right hand.
- 27 & 28 Jump forward – Right & Left. Step backward onto right.
- 29 - 30 Rock left to left side. Turn 1/8th right & rock onto right.
- 31 - 32 Turn 1/8th right & rock to the left. Step right foot next to left – prepare to raise toe (count 1)

Mule Kick Replace Counts 27&28 with the harder Mule Kick option:

- 27 & 28 (27) jumping upward & kicking feet backward - slap left foot with left hand, (&) whilst placing left foot to floor – slap right foot with right hand. (28) step right down next to left (weight even).

Dance Tip: As you jump upwards on count 27, start to raise left foot quicker than the right.

DANCE FINISH: The dance 'Finale' will start on Count 16 of the 11th wall (facing '6:00').

This is a purely fun/silly ending to finish the dance facing the 'home wall'

Straight faces please.... Think of a Galloping Horse as you do this.. Moving in an left arc

- 1 & 2 (lifting knees slightly) Step to left, step right next to left-lifting left slightly, touch left next to right (4.30)
- 3 & 4 (lifting knees slightly) Step to left, step right next to left-lifting left slightly, touch left next to right (1.30)
- 5 & 6 (lifting knees slightly) Step to left, step right next to left-lifting left slightly, touch left next to right (12.00)

You should now be facing the home wall... you will hear the Horse 'Neigh' again...

.. just pull the Horses reigns backward ('Hi Ho Silver' fashion...) for about two counts.
