

# 5-1-5-0

拍數: 32      牆數: 4      級數: Intermediate - Polka  
編舞者: Patrick Fleming (USA) - June 2012  
音樂: 5-1-5-0 - Dierks Bentley



## Start on Lyrics

### Right Heel & Heel & Cross & Heel & Cross & Heel & Cross-Unwind

1&2&      Touch R Heel (1), Forward-Step on Right (&), Touch L Heel (2), Forward-Step on Left (&),  
3&4&      Cross R Over L (3), Step L to Left Side (&), Touch R Heel Forward (4), Step R to Right Side (&)  
5&6&      Cross L Over R (5), Step R to Right Side (&), Touch L Heel Forward (6), Step L to Left Side (&)  
7-8      Cross R over L (7), Unwind ½ Turn to Left (Weight stays on Right on 6:00 Wall) (8)

### Right Side Rock-Recover-Right Behind & Cross-Left Heel Grind ¼ Turn-Back Coaster Step

9-10      Rock R to Right Side (1), Recover onto L (2)  
11&12      Step R Behind L (3), Step L to Left Side (&), Cross R Over Left (4)  
13-14      Rock Forward Onto L Heel As You Turn ¼ Turn to L (5), Recover Onto R (6) (3:00 Wall)  
15&16      Step L Back (7), Step R Beside L (&), Step Forward L (8)

### Step Right & Fan-Step Left & Fan-Right Forward Coaster-Left Coaster

17&18      Step Forward R (1), Turn R Toe Out (&) Turn R Toe In (2)  
19&20      Step Forward L (3) Turn L Toe Out (&) Turn L Toe In (4)  
21&22      Step Forward R (5), Step L Together (&), Step Back R (6)  
23&24      Step Back L (7), Step R Together (&), Step Forward L (8)

### Step R-1/2 Turn-Forward Triple Right-1/2 Turn-1/2 Turn-Triple Left

25-26      Step Forward R (1), Pivot ½ Turn to Left (2) (9:00 Wall),  
27&28      Step Forward R (3), Step L Together (&), Step Forward R (4)  
29-30      Step Back Onto L ½ Turn to Right (5) (3:00 Wall), Step Forward R ½ Turn To Right (6) (9:00 Wall)  
31&32      Step Forward L (7), Step R Together (&), Step Forward L (8)

## Phrasing: TAGS -

At the end of wall 1 & 3, add this 2 count tag:  
Rock Forward On Right (1), Recover To Left (2)

After wall 2, dance the first 8 counts of the dance twice before starting wall 3

After wall 5, repeat the last 8 counts of the dance once before starting wall 6

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