

Shambala

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Roz Chaplin (UK) & Colin B. Smith (UK) - June 2012
音樂: Shambala - Toby Keith : (CD: Clancy Town)



32 Count Intro

ROCKING CHAIR, SIDE ROCK, CROSS, HOLD

1-2 Rock forward on right, recover onto left
3-4 Rock back on right, recover onto left
5-6 Rock right to right side, recover onto left
7-8 Cross right over left, hold

ROCKING CHAIR, ROCK, ¼ TURN, STEP

1-2 Rock forward on left, recover onto right
3-4 Rock back on left, recover onto right
5-6 Rock left to left side, make ¼ turn to right stepping right forward (3)
7-8 Step forward on left, hold

STEP SCUFF, STEP SCUFF, ¼ TOUCH, FORWARD, TOUCH

1-2 Step forward right, scuff left forward
3-4 Step forward left, scuff right forward
5-6 Make ¼ turn right stepping right forward, touch left beside right (6)
7-8 Step forward on left, touch right beside left

STEP, TOUCH, ¼ TURN TOUCH X 3

1-2 Step right to right side, touch left beside right
3-4 Make ¼ turn to left stepping left to left side, touch right beside left (3)
5-6 Make ¼ turn to left stepping right to right side, touch left beside right (12)
7-8 Make ¼ turn to left stepping left to left side, touch right beside left (9)
