Midnight Train Tomorrow



拍數: 48 牆數: 2 級數: Intermediate - NC2

編舞者: Michele Burton (USA) & Michael Barr (USA) - June 2012

音樂: Stuck On You (feat. Darius Rucker) - Lionel Richie



Intro: 18 counts.

[1 – 8] FORWARD,	, SWEEP, STEP LEFT \sim T	ΓOUCH (seated pose) ~	SIDE CROSS ~ SIDE	ROCK STEP ~
WEAVE				

4 00	
1, 2&	Step L forward; Sweep R from back to front stepping R over L; Step L to left

Touch R beside L (Styling: The words on the first 3 counts are Stuck on YOU. Count 3 can

be developed into a seated pose, pointing the index finger to your favorite person –on the

word you (ct. 3)

4& Step R to right; Cross L over R

5, 6& Step R to right; Rock L behind R; Step R slightly across L

7&8& Step L to left; Step R behind L; Step L to left; Step R in front of L (Adv. Option: 2 chaine

turns)

[9 - 16] SIDE CROSS ROCK ~ BACK ~ LOCK 1/4 BACK ~ ROCK STEP ~ JAZZ BOX 1/4 TOUCH

1, 2& Step L to left; Cross rock R over L; Step L in place

3 Step R back on right diagonal (drag L)

4& Cross L in front of R; Turn ¼ left stepping R back 9:00

5 - 6 Rock L back; Step R slightly forward

7&8& Sweep and step L over R; Step R back; Turn ¼ left stepping L to left; Drag & touch R next to

L 6:00

[17-24] 1/2 DIAMOND PATTERN ~ SIDE ROCK STEP INTO FULL CIRCULAR RUN

1, 2& Step R to right; Step L to forward right diagonal (1/8 turn R); Step R forward (still on diag.)

6:00

3, 4& Turn 1/8 right, step L to left; Step R to back left diagonal (1/8 turn right); Step back on L (still

on diag.) 9:00

5 - 6 Turn 1/8 right (12:00 wall) rocking R to right (lean right); (start full circle) Turn ½ left stepping

on L 9:00

7&8& Make the rest of the circle an easy flowing run to the left that will put you on the 12 o'clock

wall

Make it big enough to allow circle shape to form in 4 steps (7&8&-RLRL). 12:00

[25-32] 1/2 DIAMOND PATTERN ~ SIDE ROCK STEP INTO FULL CIRCULAR RUN

1, 2& Step R to right; Step L to forward right diagonal (1/8 turn R); Step R forward (still on diag.)

12:00

3, 4& Turn 1/8 right, step L to left; Step R to back left diagonal (1/8 turn right); Step back on L (still

on diag.) 3:00

5 - 6 Turn 1/8 right (6:00 wall) rocking R to right (lean right); (start full circle) Turn ½ left stepping

on L 3:00

7&8& Make the rest of the circle an easy flowing run to the left that will put you on the 6 o'clock

wall

Make it big enough to allow circle shape to form in 4 steps (7&8&-RLRL). 6:00

[33-40] SIDE ~ CROSS ROCK ~ 1/4 FORWARD 1/2 1/4 ~ BEHIND TOGETHER ~ 2 WALKS

1. 2&	Step R side right: Cross rock L in front of R: Step R in place 6:00
1. ZX	Step it side fiditi. Closs fock it ill florit of it. Step it ill place 0.00

3, 4& (3) Turn ½ left stepping L forward; (4) Step R forward; (&) Turn ½ left taking weight to L 9:00

5, 6& (5) Turn ¼ left stepping R to right; (6) Step ball of L behind R; (&) Step ball R beside L 6:00

7 – 8 Step L forward; Step R forward

On the 3rd wall dance up to count 40, then restart the dance. You will be facing the 6 o'clock wall.

[41-48] 1/4 SIDE ROCK STEP \sim 1/2 TURN SIDE CROSS \sim SIDE ROCK STEP \sim 3/4 TURN WALK 2X

1, 2&	Turn ¼ right stepping L to left; Step R behind L; Step L slightly across R (prep for ½ turn left) 9:00
3, 4&	Step R to right, turning ½ left on ball of right (spiral foot postion); Step L to left; Cross R over L 3:00
5, 6&	Step L to left; Step R behind L; Step L slightly across R (prep for ¾ turn left)
7, 8&	Step R to right side, turning ¾ left on ball of R foot (spiral foot position); Step L forward; Step R forward 6:00

BEGIN AGAIN

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