

You Know You Know

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Michael Barr (USA) - June 2012
音樂: Wolves Are At My Door - Lelia Broussard



Intro: 32 counts.

[1-8] LINDY RIGHT - LINDY LEFT

1&2, 3-4 Step R side right; Step L next to R; Step R side R; Rock step back on L; Return weight onto R in place
5&6, 7-8 Step L side left; Step R next to L; Step L side left; Rock step back on R; Return weight onto L in place

[9-16] TOUCH, HOLD & TOUCH, HOLD ~ TOUCH FORWARD, TOUCH SIDE, STEP FORWARD, HOLD

1-2&3-4 Touch R side right; Hold; (&)Step R next to L; Touch L side left; Hold
5,6,7,8 Touch L forward in front of R; Touch L side left; Step L forward in front of R; Hold

[17-24] MODIFIED 1/4 MONTEREY PATTERN (progresses forward) ~ SIDE, TOGETHER

1 - 2 Touch R side right; Turn 1/4 right stepping R in front of L (R crossed over L) 3:00
3 - 4 Touch L side left; Turn 1/4 left stepping onto L slightly forward 12:00
5 - 6 Touch R side right; Turn 1/4 right stepping R in front of L (R crossed over L) 3:00
7 - 8 Step L side left; Step R next L

[25-32] CROSS, SIDE, BEHIND, 1/4 TURN RIGHT ~ 1/2 TURN TRIPLE RIGHT, STEP BACK, FLICK

1 - 2 Step L in front of R; Step R side right
3 - 4 Step L behind R; Turn 1/4 right stepping R forward 6:00
5 & 6 Turn 1/4 right stepping L side left; Step R next to L; Turn 1/4 right stepping back on L 12:00
7 - 8 Step R back; Flick L over R shin

[33-40] STEP, TAP, STEP BACK, 1/4 TURN LEFT ~ TOUCH, SIDE, BEHIND, 1/4 RIGHT

1-4 Step L forward; Tap R toe behind L heel; Step R back; Turn 1/4 left stepping L side left 9:00
5-8 Touch R next to L; Step R side right; Step L behind R; Turn 1/4 right stepping R forward 12:00

[41-48] 1/4 CHASSE, BEHIND, 1/4 LEFT ~ SIDE, TOUCH, SIDE, TOGETHER

1&2 Turn 1/4 right stepping L side left.; Step R next to L; Step L side left 3:00
3 - 4 Step R behind L; Turn 1/4 left stepping L forward 12:00
5 - 6 Step R side right; Touch L next to R
7 - 8 Step L side left; Step R next to L

Restart: On wall 6 touch on count 48 (see below)

[49-56] SIDE-TOGETHER-1/4 LEFT ~ FORWARD, 3/4 LEFT, SIDE, TOUCH, SIDE TOUCH

1 & 2 Step L side left; Step R next to L; Turn 1/4 left stepping L forward 9:00
3 - 4 Step R forward; Turn 3/4 left onto L 12:00
5 - 6 Step R side right; Touch L to forward right diagonal
7 - 8 Step L side left; Touch R to forward left diagonal

[57-64] SIDE, HOLD & SIDE, HOLD ~ ROCK FORWARD, RETURN, 1/2 TURN LEFT, LIFT

1 - 2 Step R side right; Hold;
&3 - 4 (&) Step L next to R; Step R side right; Hold
5 - 6 Rock forward onto L; Step R in place (prepare for 1/2 turn left)
7 - 8 Turn 1/2 left stepping onto left; Lift R slightly off the floor 6:00

BEGIN AGAIN!!!

Restart: On wall 6 (facing the 6 o'clock wall) dance 48 counts with a touch on count 48 (not a step). Although the dance is not phrased to the music (too many restarts for that) counts 33-48 are very quiet and as you finish those counts it just felt best to restart when the music came back on phrase with full volume.

Ending: The song ends on the front wall on count 5 of the modified Monterey pattern. End with touch to the right!!!

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