

My Life In The Sun

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Fabien REGOLI (FR) - June 2012
音樂: Ma vie au soleil - Keen'V

級數: Beginner / Novice (non Country)



[1-9] STEP SIDE, STEP RIGHT FORWARD, STEP RIGHT BACK X2, ROCK STEP LEFT BACK, LOCK FORWARD STEP

1 Step to the side
2& Cross left over right, Recover onto right
3& Step left behind right, Recover onto right
4&5 Cross left over right, Recover onto right, step left behind right
6-7 Step right behind left, Recover onto left
8&1 Step forward left behind Locker, Forward

[10-16] BUMP LEFT, BUMP LEFT, LOCK BACK, ROCK STEP, TOUCH

2& L Bump (Push forward on left hip), Return on R
3 L Bump (Push the front left hip), Return on R
4&5 Step back on left, Step right crossed over left, Step back
6-7 Step right behind left, recover on left
8 Key Step right beside left,

[17-24] SIDE RIGHT, TOGETHER, SIDE RIGHT, TOGETHER, SIDE RIGHT, ROCK STEP FORWARD LEFT, ROCK STEP BACK LEFT

1-2 Step right to right, step left beside right
3&4 Step right to right, step left beside right, Step right to side
5-6 Rock forward left, back onto right
7-8 Rock back left, back onto right

[25-32] SIDE LEFT, TOGETHER, SIDE LEFT, TOGETHER, SIDE LEFT, JAZZ BOX, ¼ TURN RIGHT

1-2 Step left to left, step right beside left
3&4 Step left to left, step right beside left, step left to left
5-6 Crosses over left, back G
7-8 Step forward with ¼ turn right, step left forward

First TAG: LIFT ARMS, JAZZ BOX (END WALLS 3rd)

1-2-3-4 Raise arms
5-6 Cross right over left, left back
7-8 Step right, step left forward

2nd TAG: POINT RIGHT, LEFT EDGE (6th END OF WALL)

1-2 Touch right forward, Recover beside left
3-4 Point left forward, recover left together

RESTART: End of the eighth to the first 16 accounts and back dance AGAIN AT FIRST AND KEEP SMILING

Association Act 1901-the country dance wanted
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Contact - Website: <http://thewantedcountrydance.jimdo.com/>