

Return To 50's

拍數: 64 牆數: 4 級數: Improver
編舞者: Jaime Rosello (ES) - June 2012
音樂: Bleeding Love - The Baseballs



Start dancing on lyrics

SIDE STEPS, TOUCH RIGHT & LEFT, OPEN RUMBA FORWARD

1-2 Step right side, touch left together
3-4 Step left side, touch right together
5-8 Step right side, step left together, step right forward, hold

ROCKING CHAIR, TURN ½ RIGHT, SCUFF

9-12 Rock left forward, recover to right, rock left back, recover to right
13-14 Step left forward, turn ½ right (weight on right)
15-16 Step left forward, scuff right forward

STEP FORWARD, TOUCH, KICK, SLOW VAUDEVILLE

17-18 Step right diagonally forward, touch left behind right
19-20 Step left back, kick right forward
21-22 Step right side, cross left over right
23-24 Step right together touch left heel forward (at slight angle)

TOGETHER, CROSS, SIDE, HOLD, BEHIND, SIDE, CROSS, HOLD

25-28 Step left together, cross right over left, step left side, hold
29-32 Cross right behind left, step left together, cross right over left, hold

SIDE ROCK, RECOVER, CROSS, TURN ¼ RIGHT, TURN ½ RIGHT

33-36 Rock left side, recover to right, cross left over right, hold
37-38 Turn ¼ to right & step right forward, hold
39-40 Turn ½ to right & step left back, hold

SLOW COASTER STEP, OPEN RUMBA FORWARD

41-44 Step right back, step left together, step right forward, hold
45-48 Step left side, step right together, step left forward, scuff right forward

Restart point during the 3rd wall facing 9:00

STEP, LOCK, STEP FORWARD, HOLD, STEP, TURN ½ RIGHT, STEP FORWARD

49-52 Step right forward, lock left behind right, step right forward, hold
53-54 Step left forward, turn ½ right (weight on right)
55-56 Step left forward, hold

FULL TURN LEFT, MAMBO STEP FORWARD

57-58 Turn ½ to left & step right back, turn ½ to left & step left forward
59-60 Step right forward, hold
61-64 Rock left forward, recover to right, step left together, hold

REPEAT

ENDING: The dance ends with a decreasing the rhythm during the execution of the open rumba, facing at 3:00. Then, will be done the following variation to end the dance at 12:00:

7-8 Rock right forward, recover to left turning ¼ to left

