

Move In The Right Direction

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Michele Godard (FR) - June 2012
音樂: Move in the Right Direction - Gossip : (CD: A Joyful Noise)



SECTION 1-WALK FORWARD DIAGONALLY RIGHT, WEAVE RIGHT

- 1-3 Step right forward diagonally R. Step left forward diagonally R. Step right forward diagonally R.
4-8 Cross left over right. Step right to right side. Cross left behind right. Step right to right side. Cross left over right

SECTION 2-MONTEREY ¼ TURN RIGHT, ROCK, RECOVER ½ TURN RIGHT, STEP FORWARD.

- 1-2 Touch right toe to right side. Make turn ¼ to the right stepping right beside left
3-4 Touch left toe to left side. Left beside right
5-6 Rock forward on right. Recover onto left.
7-8 Make ½ turn right stepping right forward. Step left forward

SECTION 3-WALK R & L, R MAMBO, WALK L & R, L MAMBO

- 1-2 Step right forward. Step left forward.
3&4 Rock to right side on right. Recover onto left. Step right beside left
5-6 Step left forward. Step right forward.
7&8 Rock left to left side. Recover onto right. Step left beside right.

SECTION 4-TOE STRUT R, TOE STRUT L, SHUFFLE BACK, TOUCH, 1/2 TURN L

- 1-2 Step right toe forward. Drop right heel
3-4 Step left toe forward. Drop left heel
5&6 Step back on right. Step Left beside right. Step back on right.
7-8 Point left toe behind right. Make ½ turn left and drop left heel (weight on left)

SECTION 5-TOUCH, BACK STEP (4), STEP, BUMPS.

- 1&2 Touch right beside left. Step back on right . Touch left beside right
&3 Step back on left. Touch right beside left.
&4 Step back on right Touch left beside right
&5 Step back on left. Touch right beside left.
6 Step back on right & Bump hip on right
7-8 Bump left. Bump right

SECTION 6-ROCK, RECOVER, SHUFFLE ½ TURN L, STEP PIVOT ½ TURN L, SHUFFLE FORWARD

- 1-2 Rock forward on left. Recover onto right.
3&4 Make ½ turn left and step left forward. Step right beside left. Step left forward
5-6 Step forward on right. Pivot ½ turn left
7&8 Step forward on right. Step left beside right. Step forward on right.

***RESTART : here during wall 2 – Replace 7&8 :-**

- 7-8 Step forward R - L and dance from the beginning.

SECTION 7- SIDE, HOLD, TOGETHER, SIDE ROCK, COASTER STEP, SIDE ROCK

- 1-2 Step left to left side.. Hold .
&3-4 Step right beside left. Rock left to left side. Recover onto right.
5&6 Step left back. Step right beside left. Step forward left
7-8 Rock right to right side. Recover onto left.

SECTION 8- RIGHT TOE STRUT, LEFT TOE STRUT, JAZZ BOX

- 1-2 Step right toe forward. Drop right heel

3-4 Step left toe forward. Drop left heel
5-6 Cross right over left. Step back on left.
7-8 Step right on right. Cross left slightly over right
