

North Side Swing

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Improver
編舞者: Ria Vos (NL) - June 2012
音樂: North Side Gal - JD McPherson : (Single)



Intro: 16 Counts

R Toe Strut Fwd, L Rock Fwd, L Toe Strut Back, R Rock Back

1-2 Step on R Toe Fwd, Lower R Heel
3-4 Rock Fwd on L, Recover on R
5-6 Step on L Toe Back, Lower L Heel
7-8 Rock Back on R, Recover on L

R Side Toe Strut, L Crossing Toe Strut, R Side Rock, R Back Rock

1-2 Step on R Toe to Right Side, Lower R Heel
3-4 Step on L Toe Across R, Lower L Heel
5-6 Rock R to Right Side, Recover on L
7-8 Rock Back on R, Recover on L

R Side, Hold, L Back Rock, ¼ L Step L Fwd, Hold, ¼ L Side R, L Cross

1-2 Step R Long Step to R Side, Hold
3-4 Rock Back on L, Recover on R
5-6 ¼ Turn Left Step Fwd on L, Hold
7-8 ¼ Turn Left Step R to Right Side, Cross L Over R

R Side, Hold, L Back Rock, ¼ R Step L Back, Hold, ¼ R Side R, L Cross

1-2 Step R Long Step to Right Side, Hold
3-4 Rock Back on L, Recover on R
5-6 ¼ Turn Right Step Back on L, Hold
7-8 ¼ Turn Right step R to Right Side, Cross L Over R

R Side, Together, Swivel, L Side, R Touch, R Side, L Hook ¼ L

1-2 Step R to Right Side, Step L Next to R
3-4 Swivel Both Heels to Right Side, Recover (weight on R)
5-6 Step L to Left Side, Touch R Next to L
7-8 Step R to Right Side, Hook L Over R Turning ¼ Turn Left

L Step-Lock,-Step, R Step-Lock-Step, L Step, Hold

1-2-3 Step L Fwd to L Diagonal, Lock R Behind L, Step L Fwd to L Diagonal
4-5-6 Step R Fwd to R Diagonal, Lock L Behind R, Step R Fwd to R Diagonal
7-8 Step Fwd on L, Hold

Contact: dansenbijria@gmail.com