

Any Way You Want It

COPPERKNOB
DANCE SHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: M. Vasquez (UK) - June 2012
音樂: Any Way You Want It - Mary J. Blige, Constantine Maroulis & Julianne Hough :
(Rock of Ages Soundtrack)



Dedicated to Ms. Jayne Young
Dance begins on the main vocal

Section 1: Step, Pivot, Step, Pivot, Rock, Recover, Coaster Step

1-4 Step L foot forward, pivot ½ turn right, step L foot forward, Pivot ½ turn right
5-6 Rock forward onto L foot, recover back on right
7&8 Step L foot back, step R foot next to L, step forward on L foot

Section 2: Side Rock, Cross-Shuffle, Side Rock, Cross-Shuffle

1-2 Step R foot to R side, recover back onto the L foot
3&4 Cross step R foot over L foot, step L foot to L side, cross step R foot over L foot
5-6 Step L foot to L side, recover back onto the R foot
7&8 Cross step L foot over R foot, step R foot too R side, cross step L foot over R foot

Section 3: Side Rock, Recover, Behind, Side, Cross, Hold, Ball Cross, Hold, Ball Cross

1-2 (1) Step R foot to R side, (2) recover back onto the L foot
3&4 (3) Step R foot Behind L foot, (&) step L foot to L side, (4) cross R foot over L foot
5 (5) Hold for one count
&6 (&) On ball of L foot step L foot to L side, (6) cross R foot over L foot
7 (7) Hold for one count
&8 (&) On ball of L foot step L foot to L side, (8) cross R foot over L foot

Section 4: Side Rock, Recover, Behind, Side, Cross, Hold, Ball Cross, Hold, Ball Cross

1-2 (1) Step L foot to L side, (2) recover back onto the R foot
3&4 (3) Step L foot Behind R foot, (&) step R foot to R side, (4) cross L foot over R foot
5 (5) Hold for one count
&6 (&) On Ball of R foot step R foot to R side, (6) cross L foot over R foot
7 (7) Hold for one count
&8 (&) On ball of R foot step R foot to R side, (8) cross L foot over R foot

Section 5: Side Rock, Recover, Side, Behind, Cross, Hinge Turn, Cross Shuffle

1-2 (1) Step R foot to R side, (2) recover back onto the L foot
3&4 (3) Step R foot Behind L foot, (&) step L foot to L side, (4) cross R foot over L foot
5-6 (5) Step L foot to L side, (6) turn ½ R and step R foot to R side
7&8 (7) Cross step L foot over R foot, (&) step R foot too R side, (8) cross step L foot over R foot

Section 6: Step, Touch, Step, Touch, V Step

1-2 Step R foot to R side, touch L toe next to R foot
3-4 Step L foot to L side, touch R toe next to L foot
5-6 Step diagonally out with the right foot, step diagonally out with the left foot
7-8 Step back with the right foot, step back with the left foot, bringing feet together

Section 7: Rock, Recover, Triple Turn, Rock, Recover, Coaster Step

1-2 Rock R foot forward, recover back onto L foot
3&4 Turn ½ to the R, step on R foot, step L foot next to R foot, turn ½ to the R and step on R foot
5-6 Rock forward on L foot, recover back on R foot

7&8 Step back on L foot, step R foot next to L, step forward on L foot

Section 8: Side Rock, Recover, Cross-Shuffle, Side Rock, Recover, Step, Step

1-2 (1) Step R foot to R side, (2) recover back onto the L foot

3&4 (3) Cross R foot over L foot, (&) step L foot to L side, (4) cross R foot over L foot

5-6 (5) Step L foot to L side, (6) recover back onto R foot

7-8 (7) Step L foot next to R foot, (8) step R foot next to L foot

Restarts:-

Wall 2: Section 4, complete steps (1-7&), then touch your L toe next to R foot on (8) and restart dance

Wall 3: Section 2, after completing steps (1-6) touch L toe next to R foot, hold for one count and restart dance

Wall 4: Section 4, complete steps (1-7&), then touch your L toe next to R foot on (8) and restart dance

Contact E-Mail: matt.vasquez@rocketmail.com
