

Men In Gold

COPPER KNOB
BY STEPSHEETS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Maddison Glover (AUS) - May 2012
音樂: Gold - Guy Sebastian



Count in: Start 16 counts from beginning of the track on lyrics.

[1-8] R side , hold , L together , hold , R side shuffle , touch L

1,2,3,4 Step R to R side , hold , step L together , hold
5,6,7,8 Step R to R side , step L together , step R to R side , touch L beside R 12:00

[9-16] L side , hold , R together , hold , L side shuffle , touch R

1,2,3,4 Step L to L side , hold , step R together , hold
5,6,7,8 Step L to L side , step R together , Step L to L side , touch R beside L 12:00

[17-24] R 45 , together , tap L behind , together , R 45 , together , tap L behind , together (turning ¼ L)

1,2,3,4 Touch R heel to R diagonal, Step R together turning 1/8 L , tap L toe behind R , Step L slightly to L side (facing diagonal)
5,6,7,8 Touch R heel to R diagonal, Step R together turning 1/8 L , tap L toe behind R , Step L slightly to L side 9:00

[25-32] Heel , hold , toe , hold , R fwd on diagonal , L together , twist heels R , centre

1,2,3,4 Touch R heel fwd , hold , touch R toe back , hold
5,6,7,8 Step R fwd on R diagonal , step L together , twist both heels R , centre 9:00

[33-40] Heel , hold , toe , hold , L fwd on diagonal , R together , twist heels L , centre

1,2,3,4 Touch L heel fwd , hold , touch L toe back , hold
5,6,7,8 Step L fwd on L diagonal , Step R together , twist both heels L , centre 9:00

[41-48] R side , L behind , ¼ , hold , step ¼ , cross , hold

1,2,3,4 Step R to R side , Step L behind , step fwd on R turning ¼ R , hold
5,6,7,8 Step L fwd , pivot ¼ R , cross L over R , hold 3:00

[49-56] R side , recover , cross , hold , L side , R together , L fwd , hold

1,2,3,4 Step/Rock R to R side , recover weight onto L , cross R over L , hold
5,6,7,8 Step L to L side , Step R together , L fwd , hold 3:00

[57-64] R toe , heel , cross / stomp , hold , L toe , scuff fwd , step L fwd , scuff R fwd

1,2,3,4 Touch R toe inwards next to L , touch R heel fwd , stomp/cross R over L , hold
5,6,7,8 Touch L toe inwards next to R , scuff L heel fwd , step L fwd , scuff R fwd 3:00

Phone: 0430346939 - Email: madpuggy@hotmail.com - Website: www.freewebs.com/illawarra