

Knockout

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Jo Huntington (USA) & Charlotte Atinsky (USA) - June 2012
音樂: Knockout - Ashlyne Huff : (iTunes)



Competition: JG Marathon, June 2012

Begin after 17 beats on the word "feel"

Section 1: Weave to L, touch R, R to R, drag L, swivel heels L, center

1,2,3,4 Cross R over L(1), step L to L side(2), cross R behind L(3), step L to L side(4)(12:00)
5,6,7&8 Touch R beside L(5), long step R to R side(6), drag L to R(7), swivel heels L(&), center(8),
(weight L)(12:00)

Section 2: Kick R to the diagonal, out R, out L, R knee in, out, R back coaster, R hinge/hitch 1/2 R, L point

1&2 Kick R out to the R diagonal(1), step R down to the right(&), step L down to the left(2)
3,4 Bend both knees, swing R knee towards left(3), swing R knee R to center(4)
5&6 Step R back (5), step L next to R(&), step R forward(6)
7, 8 Hinge R 1/2 on R while hitching L(7), point L to L side(8)(6:00)

Section 3: Mambo L forward, mambo R back, L forward, side, flick, step L

1&2 Step L forward (1), R recover (&), step L beside R(2)
3&4 Step R back (3), L recover (&), step R beside L (4)
5, 6, 7,8 L touch forward(5), L touch L side(6), flick L behind R while looking R(7) Step L to L side (8)

Section 4: Cross rock R, recover L, side R, point L to diagonal, cross L over R, run 5/8 R to 1:30, step L, kick R

1&2 Cross rock R over L (1), recover L(&), step R to R side(2)
3, 4 Point L to the L diagonal(3), cross L over R(4)
5&6 Run in a semi circle R to 1:30, R, L, R to the right diagonal (1:30)
7, 8 Step L to 1:30(7), kick R (8)

Section 5: (Done on the diagonal)Hop L, step R, lock L, press R, back L,R, 1/2 L, 1/2 R, back L, R heel

&1&2 Small hop on L(&) step R(1), lock L behind R(&), press R(2)
3,4,5,6 Step back with L(3), back R(4), 1/2 turn L stepping forward with L(5), 1/2 turn L stepping back
with R(6)
7,8 Step back with L(7), R heel(8)(1:30)

Section 6: Body roll L, swivel R, L heel, step L, R lock, step L, 1/2 L with R, L toe back, unwind L 1/2

1,2,3,4 With a body roll to the L dipping your R shoulder, swivel R foot to L diagonal (10:30)(1),
Touch L heel to 9:00(2), step L forward (3), lock the R behind L (4)
5,6,7,8 Step L forward(5), step 1/2 turn L stepping R back(6), touch L toe slightly behind R(7), unwind
1/2 to L (weight L)(8)(9:00)

Section 7: Rock R, recover L, cross R over L, rock L, recover R, cross L over R, R point, R flick

1,2,3 Rock R to R side(1), recover L(2), cross R over L(3)
4,5, 6 Rock L to L side(4), recover R(5), cross L over R(6)
7,8 Point R to R side(7), flick R behind L(8)

Section 8: Chasse 1/4 R, pivot R 1/2, brush L across R, L toe, L heel, rock R, recover L

1&2 Step R 1/4 R(1), step L together(&), step R forward(2)(12:00)
3,4 Step L forward(3), pivot 1/2 R(weight R)((4)(6:00)
5&6,7,8 Brush L across R(5), L toe across R(&), L heel down(6)rock R to R side(7), recover L(8)(6:00)

Tag: There is a 32 count tag after 4 walls danced one time only.

Tag: Do the tag at the end of the 4th wall. You will be facing 12:00. The first 2 counts start on silence.

Section 1: Step R, hold, cross L over R, hold, R back, hold, step ½ L on L

1,2,3,4 Step R to R side (1), hold(2), cross L over R(3), hold(4)

5,6,7,8 R back(5), hold(6), step ½ L on L(7), hold(8)(6:00)

Section 2: Pivot L ½ on R, sweep R over L, step R over L, weave, slide

1,2,3,4 Pivot L ½ on R(weight L)(1), hold(2), sweep R over L(3), step R over L(4)(12:00)

5,&,6,& Step L to L side(5), R behind(&), L side((6), R over L(&)

7,8 L to left side(7), R slide(8)

Section 3: Hinge ¼ L on L, sweep R, point R, R heel, hinge 1/2 R on R, sweep L, point L, L cross, R side, L side, R touch

1,2 Hinge ¼ L on L while sweeping R to 9:00(body faces 9:00)pointing R toe to R side(1), drop R heel (2)

3,4 Hinge 1/2 R on R while sweeping L to 3:00(body faces 3:00), pointing L toe to L side(3), hold (4)

5,6,7,8 Cross L over R(5), step R to R side squaring to 12:00(6), step L to L side(7), touch R beside L (8)(12:00)

Section 4: Slide R, hinge ¼ R on R, sweep L, point L, L heel, hinge 1/2 L on L, sweep R, point R, hold, R cross L, L side, sway RL

&1,2 Step R(&) hinge ¼ R on R while sweeping L to 3:00(body faces 3:00) pointing L toe to L side(1), drop L heel (2)

3, 4 Hinge 1/2 L on L while sweeping R to 9:00(body faces 9:00), pointing R toe to R side(3), hold(4)

5,6,7,8 Cross R over L(5), step L to L side squaring to 12:00(6), sway R(7), sway L(8)(12:00)

Begin the dance again. There will be 2 more rotations after the tag. To end the dance, add a R cross over L and pose.

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