

Tra La La La La

拍數: 32 牆數: 2 級數: Improver
編舞者: Julie Lockton (ES) - June 2012
音樂: Brown Girl in the Ring - Boney M.



32 Beat Intro

Right Shuffle fwd , Left Shuffle fwd, Rock Right Recover, Behind-Side-Cross

1&2 Shuffle forward - Right, Left, Right
3&4 Shuffle forward - Left, Right, Left
5 – 6 Rock Right to Right side & Recover onto left
7&8 Step Right behind left, step left to right side, step right over left

Grapevine to the left, Touch , Grapevine to the right (Turning optional)

1-4 Step left to left side, step right behind left, step left to left side, touch right to left
5-8 Step right to right side, step left behind right, step right to right side, step ON left

Half turn Monterey, Jazz box

1-2 Touch right to side, turn ½ right and step right together
3-4 Touch left to side, step left together (now facing 6 o/c)
5-8 Cross right over left, step back on left, step right to right side, step left to meet right (Weight onto left)

Hips fwd right, Hips fwd left, jump fwd clap, jump back clap

1&2 Step forward right 3 hip bumps right-left-right
3&4 Step forward left 3 hip bumps left-right-left
&5-6 Jump forward on right(&) and left (5) clap (6)
&7-8 Jump back right (&) step on left (7) clap (8) Facing 6 o/c

End of Dance

3 x 4 Count Tags: End of Walls 3, 7, and 10

Jazz Box

1-4 Cross right over left, step back on left, step right to right side, step left to meet right (Weight onto Left)

1 x 16 Count Tag: End of Wall 9 (Facing 6 o/c)

Rock Forward Recover, Coaster Step, Rock Forward Recover, Half Turn Shuffle

1-2 Rock forward on RIGHT, recover onto left
3&4 Step back on the right, step together with left, step forward on the right
5-6 Rock Forward on LEFT, recover onto Right
7&8 Half Turn Left Shuffle (12 o/c)

REPEAT 1 – 8 AGAIN to face back to 6 o/c Wall

Ending: Done after Wall 11 as music ends

Jazz Box with half turn Right to face front wall

1-2 Step Right across Left, left step back
3-4 Step half turn right onto right, left step forward for ending