

Her Life's A Song

COPPERKNOB
STEPPERS

拍數: 48 牆數: 2 級數: Improver
編舞者: Roz Chaplin (UK) & Colin B Smith (UK) - June 2012
音樂: Her Life's a Song - Alan Jackson : (CD: Thirty Miles West)



Intro: 32 Counts

HEEL, TOE, SHUFFLE FORWARD, HEEL, TOE, SHUFFLE FORWARD

1-2 Touch right heel forward, touch right toes back
3&4 Step forward on right close left beside right, step right forward
5-6 Touch left heel forward, touch left toes back
7&8 Step forward on left, close right beside left, step forward on left

ROCK STEP, CROSS SHUFFLE X 2

1-2 Rock right to right side, recover onto left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left to left side, recover onto right
7&8 Cross left over right, step right to right side, cross left over right

ROCKING CHAIR, SIDE ROCK, CROSS SHUFFLE

1-2 Rock forward on right, recover onto left
3-4 Rock back on right, recover onto left
5-6 Rock right to right side, recover onto left
7&8 Cross right over left, step left to left side, cross right over left

WALK, WALK, SHUFFLE, GRAPEVINE ¼ TURN, STOMP

1-2 Walk forward left, walk forward right
3&4 Step forward left close right beside left, step forward left
5-6 Step right to right side, cross left behind right
7-8 Make ¼ turn right stepping right to right side, stomp forward left (Taking weight) (3)

STEP, SCUFF, STEP, SCUFF, CROSS ROCK, SHUFFLE ¼ TURN

1-2 Step forward right, scuff left foot forward
3-4 Step forward left, scuff right forward
5-6 Cross rock right over left, recover onto left
7&8 Shuffle ¼ turn right, stepping – right – left – right (6)

STEP, JAZZ BOX, LEFT LOCK STEP, SCUFF

1-2 Step forward left, cross right over left
3-4 Step left back, step right to right side
5-6 Step forward on left, lock right behind left
7-8 Step forward on left, scuff right forward

Tag: Here on End of Walls 1, 3, 5 & danced twice end of wall 2

TAG: RIGHT CHASSE, ROCK BACK, LEFT CHASSE, ROCK BACK

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock back on left, recover onto right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock back on right, recover onto left