

Talk Is Cheap

拍數: 64 牆數: 2 級數: Improver
編舞者: Séverine Fillion (FR) - June 2012
音樂: Talk Is Cheap - Alan Jackson : (Album: Thirty Miles West)



Intro : 64 counts

[1-8] SIDE STEP, HOLD, ROCK BACK (RIGHT & LEFT)

1-2 Right step to the right, Hold
3-4 Rock back left, recover on right
5-6 Left step to the left, Hold
7-8 Rock back right, recover on left

[9-16] TOE STRUT FWD, HEEL TOUCH FWD, TOGETHER (TWICE)

1-2 Right ball fwd, drop right heel
3-4 Touch left heel fwd, left next to right
5-6 Right ball fwd, drop right heel
7-8 Touch left heel fwd, left next to right

[17-24] STEP 1/4 TURN CROSS, HOLD, WEAVE TO LEFT

1-4 Right step fwd, 1/4 turn left, right cross over left, Hold 9 :00
5-8 Left to left, right cross behind left, left to left, right cross over left

[25-32] SIDE STEP, HOLD, ROCK BACK, ROLLING VINE RIGHT, TOUCH

1-2 Left to left side, Hold
3-4 Rock back right, recover on left
5-7 1/4 turn right stepping right fwd, 1/2 turn right stepping left back, 1/4 turn right stepping right to right side

Easier option for counts 5-7 : Vine to the right

8 Touch left next to right

[33-40] MONTEREY 1/4 TURN, HOLD, STEP LOCK STEP FWD, HOLD

1-2 Touch left toe to left side, 1/4 turn left stepping left next to right 6 :00
3-4 Touch right toe to right side, Hold
5-8 Right step fwd, « Lock » left cross behind right, right step fwd, Hold

[41-48] MONTEREY 1/4 TURN, HOLD, STEP LOCK STEP FWD, HOLD

1-2 Touch left toe to left side, 1/4 turn left stepping left next to right 3 :00
3-4 Touch right toe to right side, Hold
5-8 Right step fwd, « Lock » left cross behind right, right step fwd, Hold

[49-56] ROCKING CHAIR, STEP 1/2 TURN, STEP, HOLD

1-4 Rock step left fwd, recover on right, rock step left back, recover on right
5-8 Left step fwd, 1/2 turn right, left step fwd, Hold 9 :00

[57-64] ROCKING CHAIR, RIGHT HEEL TOE TOUCHES 1/4 TURN, HOLD

1-4 Rock step right fwd, recover on left, rock step right back, recover on left
5-6 Touch right heel fwd, Touch right toe back 1/4 turning left 6 :00
7-8 Touch right heel fwd, Hold

Start again and enjoy !

Choreography dedicated to Solveig !

