

Pride & Joy

拍數: 48 牆數: 4 級數: High Beginner - WCS
編舞者: Penny Chorneyko (CAN) - April 2012
音樂: Pride and Joy - Stevie Ray Vaughan : (Album: The Essential Stevie Ray Vaughan)



Walk, Walk, Tap, Step, Shuffle, Rock, Recover

1-2 Step forward right, left
3-4 Tap right toe beside left, step back on right
5&6 Step back left, slide right beside left, slide left back
7-8 Rock back on right, recover forward on left

Toe Struts, Jazz box

1-2 Step right toe forward, drop heel
3-4 Step left toe forward, drop heel
5-6 Cross right over left, step left back
7-8 Step right beside left, step left slightly forward.

Toe, Toe, Turn, Point, Turn, Point, Back, Point

1-2 Touch right toe forward, touch right toe back
3-4 ¼ turn right with right, point left toe to left side
5-6 Step forward on left making ¼ turn to left, point right toe to right side
7-8 Step back on right, pointing left toe to left side

Step, Lock, Locking Shuffle, Rock, Recover, Locking Shuffle

1-2 Step left back, cross right in front left
3&4 Shuffle Back, Left, Right, Left
5-6 Rock back on right, recover forward on left
7&8 Shuffle forward, right, left, right

Step, ½ Turn Pivot, Step, ½ Turn Pivot, Side, Behind, ¼ Turn Shuffle

1-2 Step forward on left, pivot ½ turn to right, stepping on right
3-4 Step forward on left, pivot ½ turn to right, stepping on right
5-6 Step left to left side, step right behind left side
7-8 Step left making ¼ turn left, step right beside left, step left forward

Rock, Recover, ½ Turn Shuffle, Rock, Recover, Coaster Step

1-2 Rock forward on right, recover back on left
3-4 Step right back making ¼ turn right, left beside right, step right to side making ¼ turn right
5-6 Rock forward on left, recover back on right
7-8 Step back on left, step right beside left, step forward on left

Repeat

Last Revision - 14th June 2012