

Aphrodisiac

COPPER KNOB
BY STEPHEN METZ

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - May 2012
音樂: Aphrodisiac - Eleftheria Eleftheriou : (CD: Eurovision 2012)



Start after 32 count intro on verse vocals [110bpm – 2mins 59secs]

[1-8] R fwd mambo extra, R back rock/recover, L full turn fwd, R fwd cha

1&2& Rock R forward, recover weight on L, step R back, step L back
3-4 Rock R back, recover weight on L
5-6 Turning ½ left step R back, turning ½ left step L forward (12 o'clock)

Non-turning option 5-6: walk forward R, L

7&8 Step R forward, step L together, step R forward

[9-16] L fwd mambo, R & L side switches, ¼ L & R side rock/recover, R behind/side/cross

1&2 Rock L forward, recover weight on R, step L together
3&4 Point R side, step R together, point L side
&5-6 Turning ¼ left step L together, rock R side, recover weight on L (9 o'clock)
7&8 Cross step R behind L, step L side, cross step R over L

[17-24] L side/close/flick, L cross cha, R side/close/flick turning ¼ left, R fwd cha

1-2 Step L side, as you step R together flick L out to left side

Optional hand movements: Throw both hands up into the air above and in front of your face & click fingers!

3&4 Cross step L over R, step R side, cross step L over R
5-6 Step R side, as you step L together flick R behind turning ¼ left (6 o'clock)

Optional hand movements: Throw both hands up into the air above and in front of your face & click fingers!

7&8 Step R forward, step L together, step R forward

[25-32] L fwd rock/recover, ¼ L toaster, R syncopated jazz box

1-2 Rock L forward, recover weight on R
3&4 Turning ¼ left step L back, step R together, step L forward (3 o'clock)
5-6 Cross step R over L, step L back
&7-8 Step R side, step L forward, step R forward

[33-40] L fwd, ¼ L paddle turn, ¼ L paddle turn, R fwd, ¼ R paddle turn, ¼ R paddle turn, L fwd cha

1&2& Step L forward, hitching R knee turn ¼ left, point R side, hitching R knee turn ¼ left (9 o'clock)
3-4 Point R side, step R forward
5&6& Point L side, hitching L knee turn ¼ right, point L side, hitching L knee turn ¼ right (3 o'clock)
7&8 Step L forward, step R together, step L forward

Optional hand movements:

When turning on the steps above you can put your hands in the Egyptian position as you rotate, arms out shoulder level, bend elbows, place palms of hands to ceiling as if you are holding plates!

TAG: END OF WALLS 2 (back), & 4 (front): Add following 8 counts before beginning dance again.

[1-8] R & L sambas on the spot. R cross back, ball step ball step fwd

1&2 Cross step R over L, rock L side, recover weight on R
3&4 Cross step L over R, rock R side, recover weight on L
5-6 Cross step R over L, step L back
&7&8 Step R side, step L forward, step R together, step L forward

ENDING: To finish facing front wall:

The final count of the dance will take you to your R side wall (9 o'clock) so to bring you back to front wall to

finish change the final turn sequence by over rotating to finish facing front wall. Oh la!

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