

# Move In The Right Direction

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Matt Atkinson (UK) - June 2012  
音樂: Move in the Right Direction - Gossip : (Album: A Joyful Noise - 3:32)



## [1 – 8] Rock, Recover, Coaster Step, Left Rock, Recover, Behind-Side-Turn

- 1 – 2      (1) step right foot forward, (2) recover weight onto left foot  
3 & 4      (3) step right foot back, (&) step left foot next to right, (4) step right foot slightly forward  
5 – 6      (5) step left foot to left side, (6) recover weight onto right foot  
7 & 8      (7) step left foot behind right, (&) step right foot forward turning ¼ right, (8) step left foot forward

## [9 – 16] Walk, Walk, Shuffle, Step, Step, Back Shuffle

- 9 – 10      (9) step right foot forward, (10) step left foot forward  
11 & 12      (11) step right foot slightly forward, (&) step left foot to meet right, (12) step right foot forward  
13 – 14      (13) step left foot forward, (14) step right foot in place \* styling: sway hips forward (13) and back (14)  
15 & 16      (15) step left foot back, (&) step right foot back to meet left, (16) step left foot back

## [17 – 24] Touch, Turn, Touch-Step, Touch-Step, Cross, Back

- 17 – 18      (17) touch right toes back, (18) on balls of feet make a ¼ turn right  
19 – 20      (19) touch left foot next to right, (20) step left foot to left side  
21 – 22      (21) touch right foot next to left, (22) step right to right side (small step)  
23 – 24      (23) cross step left over right, (24) step right foot back

## [25 – 32] Step, Touch, Step, Turn, Step, Pivot, Triple-Step

- 25 – 26      (25) step left foot to left side, (26) touch right foot next to left  
27 – 28      (27) step right foot back, (28) make ¼ left stepping forward on left foot  
29 – 30      (29) small step forward on right foot, (30) pivot ½ over left shoulder  
31 & 32      (31&32) triple step over left shoulder stepping R,L,R or small shuffle R,L,R

## [33 – 40] Walk, Walk, Shuffle, Rock, Recover, Rock, Recover

- 33 – 34      (33) step left foot forward, (34) step right foot forward  
35 & 36      (35) step left foot slightly forward, (&) step right foot to meet left, (36) step left foot slightly forward  
37 – 38      (37) step right foot forward, (38) recover weight onto left foot  
39 – 40      (39) step right foot backward, (40) recover weight onto left foot

## [41 – 48] Turn, Touch, Side Chasse, Behind-Side-Cross-Side

- 41 – 42      (41) making a ¼ turn left step right foot to the right, (42) touch left foot next to right  
43 & 44      (43) step left foot to the left, (&) step right foot next to the left, (44) step left foot to the left  
45 – 46      (45) step right foot behind left, (46) step left foot to the left  
47 – 48      (47) cross step right foot over left, (48) step left foot to left side

\* RESTART HERE ON 2ND WALL \*

## [49 – 56] Rock Back, Recover, Turning Shuffle, Turning Shuffle, Step, Pivot

- 49 – 50      (49) step right foot back, (50) recover weight onto left foot  
51 & 52      (51 & 52) ½ turn shuffle over left shoulder stepping R, L, R  
53 & 54      (53 & 54) ½ turn shuffle over left shoulder stepping L, R, L  
55 – 56      (55) step right foot forward, (56) pivot ½ over left shoulder

## [57 – 64] Step, Touch, Turn, Touch, Step, Touch, Turn, Touch

- 57 – 58      (57) diagonally step right to right corner, (58) touch left foot next to right

59 – 60 (59) making  $\frac{1}{4}$  turn right, step back left, (60) touch right foot next to left  
61 – 62 (61) diagonally step right to right corner, (62) touch left foot next to right  
63 – 64 (63) making  $\frac{1}{4}$  turn right, step back left, (64) touch right foot next to left

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