

Our Favourite Dreams

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Sylvie World (UK) & Sue Smith (UK) - June 2012
音樂: Dreams - The Cranberries : (Album: Everybody Else Is Doing It, So Why Can't We?)



64 Count Intro. Approx 31 seconds [Track approx 4 mins 32 secs]

SECTION 1: Right side together, Right forward shuffle, Left side together, Left forward shuffle

1,2 Right side step, Left foot together
3&4 Right forward shuffle stepping right, left, right
5,6 Left side step, Right foot together
3&4 Left forward shuffle stepping left, right, left

SECTION 2: Rock Recover, ½ Turn Right, ½ Turn Right, Back rock, Left forward, Right step, Left tap behind

1,2 Rock forward on Right, recover weight to Left.
3,4 Make a ½ turn Right stepping forward on Right, Make a ½ turn Right stepping back on Left (12 o'clock) (Easy option: Walk Right back, Left back)
5,6 Rock back on Right, Left forward recover
7,8 Step forward on Right, Touch behind with Left. (12 o'clock).

SECTION 3: Step back Left, Right Tap, Right kick ball change, Step back Right, Left Tap, Left kick ball change

1,2 Step back Left, Right Tap to side of left foot,
3&4 Kick forward with Right foot, Rock back on ball of Right, Replace weight forward to Left
5,6 Step back Right, Left Tap to side of right foot,
7&8 Kick forward with Left foot, Rock back on ball of Left, Replace weight forward to Right

SECTION 4: Left Lock step, Right Lock step, Step forward, Pivot ½

1,2 Step forward on Left, Right foot behind Left
3,4 Step forward on Left, Step forward on Right
5,6 Left foot behind Right, Step forward on Right
7,8 Step Left forward, Pivot ½ over Right shoulder & Step forward on Right (6o'clock)

SECTION 5: Left side Weave, Left Chassis, Right back, Rock

1-4 Left side step, Right behind, Left side, Right Cross
5&6 Left side shuffle stepping left, right, left
7,8 Rock back on Right, Recover forward on Left

SECTION 6: Figure of 8 Grapevine: Side, Behind, ¼ Turn, Pivot ½, ¼ Turn, Behind, Side

1,2 Step Right foot to right side, step Left foot crossed behind Right
3,4 Turn ¼ Right, Step forward with Right foot, Step forward with Left foot
5,6 Turn ½ Right, shift weight forward to Right foot, turn ¼ Right, step Left foot to left foot
7,8 Step Right foot behind Left foot, Step out Left foot to Left side

SECTION 7: Right Side Together, Right Kick ball change, Right Side Together, Right Kick ball change,

1,2 Step Right Foot to Right side, Step Left Foot next to Right Foot
3&4 Kick Forward with Right Foot, Rock back on ball of Right, Replace weight forward to Left
5,6 Step Right Foot to Right side, Step Left Foot next to Right Foot
7&8 Kick Forward with Right Foot, Rock back on ball of Right, Replace weight forward to Left

SECTION 8: Right Rock, Recover, Right Cross shuffle, Left Rock, Recover, Left Cross shuffle,

1,2 Step Right foot out to Right side, Recover on Left foot
3&4 Cross Right foot over Left, Step Left next to Right, Cross Right foot over Left
5,6 Step Left foot out to Left side, Recover on Right foot
7&8 Cross Left foot over Right, Step Right next to Left, Cross Left foot over Right
