

Back In 57

拍數: 64 牆數: 2 級數: Easy Improver
編舞者: Caroline Cooper (UK) - June 2012
音樂: Back In 57 - Mike Lane



Intro 8 Counts

SECTION 1: SIDE TOUCHES X 2, VINE RIGHT

1 2 3 4 Step right to right touch left next to right, step left to left side touch right next to left
5 6 7 8 step right to right, left behind right, step right to right side, touch left next to right

SECTION 2: VINE ¼ TURN BRUSH RIGHT, RIGHT & LEFT SHUFFLE

1 2 3 4 Step left to left side, take right behind left, ¼ left stepping forward left, brush right forward
5&6 7&8 Right shuffle forward, left shuffle forward

SECTION 3: BACK TOUCHES X 4

1 2 3 4 Back right, touch left, back left touch right
5 6 7 8 Back right touch left, back left touch right

SECTION 4: CHASSE RIGHT BACK ROCK, CHASSE LEFT BACK ROCK

1&2 3 4 Side close side right, rock back on left recover right
5&6 7 8 Side close side left, rock back on right recover left

SECTION 5: ¼ SHUFFLE, ½ SHUFFLE, BACK ROCK ½ SHUFFLE

1&2 3&3 ¼ Shuffle right stepping forward right, ½ shuffle right stepping back left
5 6 7&8 Rock back right, recover weight left, shuffle ½ left stepping back right

SECTION 6: ¼ TURN LEFT TOUCH CHASSE RIGHT BACK ROCK KICK BALL CHANGE

1 2 3&4 ¼ Turn left stepping left to left side, touch right next to left, side close side right
5 6 7&8 Back rock left recover weight right, left kick ball step

SECTION 7: RHUMBA BOX WITH TOUCH

1 2 3 4 Step forward left, touch right next to left, step right to right, close left next to right
5 6 7 8 Step back right, touch left next to right, step left to left, touch right next to left

SECTION 8: ¼ TURN JAZZ BOX RIGHT, ½ TURN JAZZ BOX RIGHT

1 2 3 4 Cross right over left, step back left, ¼ right stepping forward right, close left next to right
5 6 7 8 Cross right over left, step back left, ½ right stepping forward right, close left next to right

THANK YOU MIKE LANE FOR THE MUSIC

Contact: www.facebook.com/LineDanceTeacher - www.mikelanecountry.co.uk