

You're The One To Me

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: High Beginner
編舞者: Hilda Ku (CAN) - June 2012
音樂: You're the One - Dondria : (CD Single: You're The One)



Intro: 48 counts. - No Tag & No Restart

Note: Winnie Big Teacher, YOU'RE THE ONE TO ME

This dance is specially dedicated to my Super Head Instructor - Winnie Yu.

*I would like to thank her leading me from a beginner dancer and become ONE of the instructor in her team.

Sec.1: Basic Forward/Back (diagonal to R)

1 2 3 Big step R fwd to R diagonal, (bump hips R), step L together (bump hips L), Step R in place (bump hips R) (1:00)
4 5 6 Big step L back (bump hips L), step R together (bump hips R), step L in place (bump hips L) (1:00)

Sec 2: Basic Back /Forward (diagonal to L)

1 2 3 Big step R back to L diagonal, (bump hips R) (11:00), step L together (bump hips L), Step R in place (bump hips R) (11:00)
4 5 6 Big step L fwd, (bump hips L), step R together (bump hips R), step L in place (bump hips L) (11:00)

Sec 3: R Step Lock Step Forward 1/4 R, L Step Lock Step Forward 1/2 L

1 2 3 Step R forward with 1/4 R, lock L behind, step R forward (3:00)
4 5 6 Step L forward with 1/2 L, lock R behind, step L forward (9:00)

Sec 4: R Step Lock Step Forward 1/4 R, L Step Lock Step Forward 1/2 L

1 2 3 Step R forward with 1/4 R, lock L behind, step R forward (12:00)
4 5 6 Step L forward with 1/2 L, lock R behind, step L forward (6:00)

Sec 5: Step R Forward, Slow/low Kick, L Forward, Left Coaster Step

1 2 3 Step R forward, slow/low kick L forward over 2 counts
4 5 6 Step back L, step R together, step forward L

Sec 6: Slow Sway R, Sway L

1 2 3 Sway R over 3 counts
4 5 6 Sway L over 3 counts

Sec 7: R Twinkle, L Twinkle

1 2 3 Cross R over L, step L to L side, step R together
4 5 6 Cross L over R, step R to R side, step L together

Sec 8: Step R Forward, Slow/low Kick L forward, Left Coaster Step

1 2 3 Step R forward, slow/low kick L forward over 2 counts
4 5 6 Step back L, step R together, step forward L

Start Again & Have Fun !

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