

Looking 4 Myself

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Sebastiaan Holtland (NL) - June 2012
音樂: Numb - Usher : (CD: Looking 4 Myself 2012 - iTunes)



Start dancing at (23 sec).

[1-8] Step, Side, Behind, Side, Cross, Side Rock, Recover, ¼ Sailor R.

1-2 Step Rf forward, step Lf to the left. (12:00)
3&4 Step Rf behind Lf, step Lf to the left, cross Rf over Lf.
5-6 Rock Lf to the left, recover on Rf.
7&8 Step Lf behind Rf, turn ¼ right (3) step Rf to the right, step Lf forward.

[9-16] Rock Fwd, Recover, ½ R, Step, ¼ R, Side, Back Rock, Recover, Diag Kick Ball Step.

1-2 Rock Rf forward, recover on Lf.
3-4 Turn ½ right (9) step Rf slightly forward, turn ¼ right (12) step Lf to the left.
5-6 Rock Rf back, recover on Lf.
7&8 Kick Rf diagonal forward, step Rf back in place on ball, step Lf forward. (12:00) ****Restart****

Restart here WALL 4 after 16 count (facing 9 o'clock) after start again (facing 9 o'clock).

[17-24] Side, Together, Heel Fan L, Side, Behind, ¼ L, Step, Step.

1-2 Step Rf to the right, step Lf beside Rf.
3-4 With L toes on the floor swivel L heel out, swivel L heel back in place ending weight onto Rf.
5-6 Step Lf to the left, step Rf behind Lf.
7-8 Turn ¼ left (9) step Lf forward, step Rf forward weight onto Rf.

[25-32] Fwd Rock, Recover, L Coaster Step, ½ Pivot L, Full Turn Left.

1-2 Rock Lf forward, recover on Rf.
3&4 Step Lf back, step Rf beside Lf, step Lf forward.
5-6 Step Rf forward, turn ½ left (3) taking weight onto Lf.
7-8 Turn ½ left (9) step Rf back, turn ½ left (3) step Lf forward weight onto Lf.

Start again and have fun!

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