

This Is The Night

拍數: 64 牆數: 2 級數: Improver
編舞者: Bente Kongstad (DK) - June 2012
音樂: This Is the Night - Kurt Calleja : (CD: Eurovision Song Contest - Baku 2012)



Intro: 16 counts

Vine R with touch, vine L with touch

- 1-4 Step R to R side, cross L behind R, step R to R side, touch L beside R
5-8 Step L to L side, cross R behind L, step L to L side, touch R beside L (facing 12 o'clock)

Rumbabox

- 1-2 Step R to R side, step L beside R
3-4 step R fw, touch L beside R
5-6 step L to L side, step R beside L
7-8 step L back, touch R beside L (facing 12 o'clock)

Walk fw and kick, walk back and touch

- 1-4 walk fw R L R and kick L forward
5-8 walk back L R L, touch R beside L (facing 12 o'clock)

Heel hook, heel together R, Heel hook, heel together L

- 1-2 Touch R heel forward, hook R heel in front of L
3-4 Touch R heel forward, step R beside L
5-6 Touch L heel forward, hook L heel in front of R
7-8 Touch L heel forward, step L beside R (facing 12 o'clock)

2 X monterey ¼ turn R

- 1-2 Point R to R side, step R beside L while making a ¼ turn R
3-4 Point L to L side, step L beside R
5-6 Point R to R side, step R beside L while making a ¼ turn R
7-8 Point L to L side, step L beside R (facing 6 o'clock)

Applejacks

- 1-2 twist L heel & R toe to R, recover back to centre
3-4 twist R heel & L toe to left, recover back to centre
5-6 twist L heel & R toe to R, recover back to centre
7-8 twist R heel & L toe to left, recover back to centre (facing 6 o'clock)

Charleston

- 1-2 sweep R out & around to touch in front of L, hold
3-4 sweep R out & around to step behind L, hold
5-6 sweep L out & around to touch behind R, hold
7-8 sweep L out & around to step in front of R, hold (facing 6 o'clock)

Out, Out, In, In (Twice)

- 1-2 step diagonal forward on R, step diagonal forward on L
3-4 step back in place with R, step back in place with L
5-6 step diagonal forward on R, step diagonal forward on L
7-8 step back in place with R, step back in place with L (facing 6 o'clock)

Tags & restarts:

On wall 1 and 3: Dance until count 48, then make a rocking chair and restart the dance.

On wall 5: Dance until count 32, then make a rocking chair and restart the dance.

Rocking chair

1-2 rock forward R, recover L

3-4 rock back R, recover L

After wall 2 and 4 make side touch r and L

Side touch

1-2 Step L to L side, touch R beside L

3-4 Step R to R side, touch L beside R

Ending (after wall 6):

Walk R, walk L, step ½ turn L, step fw R

1-2 Walk fw R, walk fw L

3-4 step fw on R, make ½ turn L

5 step fw on R
