

Be My Love, Be My Friend

COPPERKNOB
STEPPERS

拍數: 64 牆數: 2 級數: Improver
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音樂: To Be Your Man - Don Williams : (CD: Smokey And The Bandit 1)



Intro 16 counts

Rocking Chair, Side Rock, Cross Shuffle

- 1 RF rock forward
- 2 LF recover
- 3 RF rock back
- 4 LF recover
- 5 RF rock to side
- 6 LF recover
- 7 RF cross over
- & LF step to side
- 8 RF cross over

Side Rock, Shuffle Forward, Rock Forward, Coaster Step

- 1 LF rock to side
- 2 RF recover
- 3 LF step forward
- & RF close
- 4 LF step forward
- 5 RF rock forward
- 6 LF recover
- 7 RF step back
- & LF close
- 8 RF step forward

Rock Forward, Lock Step Back, Touch, ½ Turn, Back Rock

- 1 LF rock forward
- 2 RF recover
- 3 LF step back
- & RF lock across
- 4 LF step back
- 5 RF touch behind
- 6 R+L ½ turn right (weight LF)
- 7 RF rock back
- 8 LF recover

Kick Ball Change x2, Side Rock, Coaster Step

- 1 RF kick forward
- & RF step beside
- 2 LF step in place
- 3 RF kick forward
- & RF step beside
- 4 LF step in place
- 5 RF rock to side
- 6 LF recover
- 7 RF step back
- & LF close

8 RF step forward

Behind Side Cross, Rock, Kick Ball Change

1 LF step to side
2 RF cross behind
& LF step to side
3 RF cross over
4 LF step to side
5 RF rock back
6 LF recover
7 RF kick forward
& RF step beside
8 LF step in place

¼ Monterey Turn x2

1 RF point to side
2 RF ¼ right, close
3 LF point to side
4 LF close
5 RF point to side
6 RF ¼ right, close
7 LF point to side
8 LF close

Jazz Box ¼ Turn x2

1 RF cross over
2 LF step back
3 RF ¼ right, step to side
4 LV step forward
5 RF cross over
6 LF step back
7 RF ¼ right, step to side
8 LV step forward

Side Rock, Triple x2

1 RF rock to side
2 LF recover
3 RF step in place
& LF step in place
4 RF step in place
5 LF rock to side
6 RF recover
7 LF step in place
& RF step in place
8 LF step in place

Start Again

Restart:

Dance the 4th wall up to and included count 15 (count 7 of 2nd section) and add:

8 RF touch beside

and restart the dance
