Born to be Blue

拍數: 32

級數: Improver

編舞者: Holly Ruschman (USA) - June 2012

音樂: Born To Be Blue - The Mavericks

Rock Step, Shuffle Back, Walk, Walk, Shuffle Back

- 1, 2, 3 &4 Rock forward on right, step back on left, shuffle back right left right
- 5, 6, 7&8 Walk back left, walk back right, shuffle back left, right, left

Rock back, step, Left 1/4 turn side shuffles Left 1/2 turn side shuffles, Sway step

- 9, 10 Rock back on right, step in place on left,
- 11 &12 turn 1/4 turn left as you side shuffle to the right, right, left, right (9:00)
- 13&14 turn 1/2 turn left as you side shuffle to the left, left right left (3:00)
- 15, 16 sway to right on right foot , step down on left

Cross Step, Side Shuffles on Right, Cross Step, Side Shuffles on Left

- 17, 18 Cross right over left, step down of left
- 19 & 20 Side shuffle to the right, right, left, right
- 21,22 Cross left over right, step down on right
- 23 & 24 Side shuffles to the left, left right left

Point Forward, Side, Sailor Step Point Forward, Side, Sailor Step

- 25, 26 Point right toe forward, point to right side
- 27 & 28 Bring right foot behind left, step down on left, step to right on right foot
- 29, 30 Point left toe forward, point to left side
- 31&32 Bring left foot behind right, step down on right, step to left on left foot

Repeat

Tag: After 5th wall facing 3:00 and after 8th wall facing 12:00

Rocking Chair

1-4 Rock forward on right, step down on left, rock back on right, step down on left

Contact : Holly Ruschman - 859 727 0904 - hatsnboots@fuse.net





牆數:4