

You're The One

COPPER KNOB
BY STEPHEN BATES

拍數: 40 牆數: 2 級數: Improver / Easy Intermediate
編舞者: Nikki Reeve (UK) - June 2012
音樂: Back In Time (From "Men In Black III") - Pitbull



Intro: 56 counts (starts on the word Baby)

Walk Walk Step Pivot ¼ Left, hinge ½ turn and cross

- 1 – 2 Walk forward right, walk forward left
- 3 – 4 Step forward right, pivot ¼ turn left
- 5 – 6 Cross right over left, step back on left turning ¼ turn right
- 7 – 8 Step right to right side turning ¼ turn right, cross left over right (3 o'clock)

Step touch, kick ball cross, side rock recover, behind ¼ turn right, step forward

- 1 – 2 Step right to right side, touch left next to right
- 3 & 4 Kick left foot forward, step left next to right, cross right over left
- 5 – 6 Rock left out to left side, recover on right
- 7 & 8 Step left behind right, step forward on right turning ¼ turn right, step left forward (6 o'clock)

Right shuffle, Step pivot ½ turn right, left shuffle, step pivot ¼ turn left

- 1 & 2 Step right forward, step left next to right, step right forward
- 3 – 4 Step forward on left, pivot ½ turn right
- 5 & 6 Step left forward, step right next to left, step left forward
- 7 – 8 Step forward on right, pivot ¼ turn left (9 o'clock)

Weave left with ¼ turn, right jazz box

- 1 – 2 Cross right over left, step left to left side
- 3 – 4 Cross right behind left, step left forward making ¼ turn left
- 5 – 6 Cross right over left, step left back
- 7 – 8 Step right to right side, step left next to right (6 o'clock) (*restart here)

Out Out, In In, Circular hip bumps

- 1 – 2 Step right forward slightly out to right, Step left forward slightly out to left
- 3 – 4 Step right back slightly in, Step left next to right
- 5 – 8 Bump hips for 4 counts in an anti-clockwise direction making a circle (6 o'clock)

Restart on wall 2, 5 and 9 after count 32

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