

# 9 To 5

拍數: 64                      牆數: 2                      級數: Intermediate  
編舞者: Gordon Elliott (AUS) - June 2012  
音樂: 9 To 5 - Dolly Parton : (Album: The Very Best Of Dolly Parton)



**Original Position: Feet Together Weight On The Left Foot.**  
**This dance is done in TWO directions. Introduction : 16 Beats**

## **OUT-IN-OUT, BEHIND-SIDE-ACROSS, OUT-IN-OUT, BEHIND-1/4 TURN-FORWARD**

1 & 2                      Touch R To The Side, Touch R Toe Together, Touch R To The Side,  
3 & 4                      Step R Behind Left, Step L To The Side, Step R Across In Front Of Left,  
5 & 6                      Touch L To The Side, Touch L Toe Together, Touch L To The Side,  
7 & 8                      Step L Behind Right, Turn 90deg Right Step R Forward, Step L Forward.

## **MAMBO FORWARD, BACK-LOCK-BACK, BACK-LOCK-BACK, COASTER STEP**

1 & 2                      Step R Forward, Rock Back Onto L, Step R Back,  
3 & 4                      Step L Back, Lock R Across In Front Of Left, Step L Back,  
5 & 6                      Step R Back, Lock L Across In Front Of Right, Step R Back,  
7 & 8                      Coaster : Step L Back, Step R Together, Step L Forward.

## **1/2 BACK, 1/2 FORWARD, SHUFFLE FORWARD, SAMBA CROSS, SAMBA CROSS**

1, 2                      Turn 180deg Left Step R Back, Turn 180deg Left Step L Forward,  
3 & 4                      Shuffle Forward Step : R-L-R,  
5 & 6                      Step L To The Side, Side Rock Onto R, Step L Across In Front Of Right,  
7 & 8                      Step R To The Side, Side Rock Onto L, Step R Across In Front Of Left.

## **BACK, 1/2 FORWARD, 1/4 SIDE SHUFFLE, SAILOR STEP, SAILOR STEP**

1, 2                      Step L Back, Turn 180deg Right Step R Forward,  
3 & 4                      Turn 90deg Right Side Shuffle To The Left Step : L-R-L,  
5 & 6                      Sailor : Step R Behind Left, Step L To The Side, Step R To The Side,  
7&8                      Sailor : Step L Behind Right, Step R To The Side, Step L To The Side. ##

## **FORWARD, FORWARD, QUICK PIVOT-FORWARD, QUICK PIVOT-FORWARD, QUICK PADDLE-TOUCH**

1, 2                      Step R Forward, Step L Forward,  
3 & 4                      Pivot : Step R Forward, Turn 180deg Left Take Weight Onto L, Step R Forward,  
5 & 6                      Pivot : Step L Forward, Turn 180deg Right Take Weight Onto R, Step L Forward,  
7 & 8                      Paddle : Step R Forward, Turn 90deg Left Take Weight Onto L, Touch R Toe Together.

## **SIDE, ROCK, BEHIND-SIDE-ACROSS, SIDE, ROCK, BEHIND-SIDE-ACROSS**

1, 2                      Step R To The Side, Side Rock Onto L,  
3 & 4                      Step R Behind Left, Step L To The Side, Step R Across In Front Of Left,  
5, 6                      Step L To The Side, Side Rock Onto R,  
7 & 8                      Step L Behind Right, Step R To The Side, Step L Across In Front Of Right.

## **KICK BALL ACROSS, SIDE, TOUCH, KICK BALL ACROSS, SIDE, TOUCH**

1 & 2                      Kick R Forward, Step R Together, Step L Across In Front Of Right,  
3, 4                      Step R To The Side, Touch L Toe Together,  
5 & 6                      Kick L Forward, Step L Together, Step R Across In Front Of Left,  
7, 8                      Step L To The Side, Touch R Toe Together.

## **JAZZ BOX, JAZZ BOX 1/4 LEFT**

1, 2                      Jazz : Step R Across In Front Of Left, Step L Back,  
3, 4                      Step R To The Side, Step L Forward,

5, 6 Turn 90deg Left Step R Across In Front Of Left, Step L Back,  
7, 8 Step R To The Side, Step L Together. \*\*

**Repeat The Dance In New Direction**

**RESTART 1 & 2: On WALL 1 & WALL 3 dance to BEAT 32 ( ## ) & RESTART to FRONT & BACK.**

**Tag : At The End ( \*\* ) Of Wall 2 (Back) Add The Following Tag :**

1 & 2 Touch R To The Side, Touch R Toe Together, Touch R To The Side,  
3 & 4 Step R Behind Left, Step L To The Side, Step R Across In Front Of Left,  
5 & 6 Touch L To The Side, Touch L Toe Together, Touch L To The Side,  
7 & 8 Step L Behind Right, Step R To The Side, Step L Across In Front Of Right

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