This Is The Night



拍數: 132 牆數: 4 級數: Intermediate

編舞者: Christina Sivefjord (SWE) - June 2012

音樂: This Is the Night - Kurt Calleja: (Represented Malta in Eurovision Song Contest

2012)



A =52 counts, B=32 counts, C=16 counts D=20 counts E=12 counts

Starts on count 17

A = 52 counts

LONG STEP, CHASSÉ

1 - 4 Long step right to right, drag left next to right (weight on right) 5 & 6 Step left to left, put right next to left, step left to left side 7 - 8 Step left to left and drag right next to left (weight on left) (12.00)

LONG STEP, CHASSÉ

9 - 12 Long step right to right, drag left next to right (weight on right) 13&14 Step left to left, put right next to left, step left to left side 15 - 16 Step left to left and drag right next to left (weight on left) (12.00)

TURN 1/4 RIGHT, TURN 1/2 RIGHT, ROCK BACK, SHUFFLE BACK

17 -18	Step right to right and turn ¼ to right			
19&20	Step left forward and turn ½ to right, right next to left, step left back			
21 -22	Rock right back, recover to left			
23&24	Step right forward, step left next to right, step right forward (09.00)			

TOE STRUT, TURN AROUND BY POINTING OUT) I off too otruit formand

25 -26	Left toe strut forward
27 -28	Right toe strut forward
29 -32	Left forward turn ¼ right, left forward turn ¼ right, left forward turn ¼ right, left forward ¼
	right. (Keep weight on right and just touch left toe when turning around (09.00)

CHASSÉ, WALK, SHUFFLE FORWARD, TURN ½ RIGHT

33&34	Left to left, right next to left, left to left
35 -36	Walk right back diagonally to left, walk left back diagonally to left
37&38	Right forward, left next to right, right forward
39 -40	Left forward and turn ½ to right, right back (06.00)

COSTER STEP BACK, CROSS-POINT, TURN 1/4 LEFT, POINT HEEL Left back right next to left left forward

TIUTZ	Left back, right flext to left, left forward
43 - 44	Cross right over left, point left to left side
45 - 46	Cross left over right, point right to right side
47 - 48	Right forward and turn $\frac{1}{4}$ to left, bend right knee, turn to left diagonal, put left heel down and and left toe up (03.00)

POINT HEEL, SWAY

49 -50	Weight over to left, bend left knee, turn to right diagonal, put right heel down and right toe up
51 -52	Sway right, sway left (03.00)

B = 32 counts

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KICK TWICE, COSTER STEP BACK

1 - 2 Kick right foot forward twice

3 & 4	Right back, left next to right, right forward				
5 - 6	Kick left foot forward twice				
7 & 8	Left back, right next to left, left forward (03.00)				
TURN 1/4 LEFT	, CHASSÉ WITH A HOLD				
9 -10	Right forward and turn ¼ to left, hold				
&11-12	Left next to right, right to right side, touch left next to right				
13 -14	Left to left side, hold				
&15-16	Right next to left, left to left side, right touch next to left (12.00)				
POCK BECOV	/ER, TURN, SUFFLE				
17 -18	Rock right forward, recover to left				
19&20	-				
21 -22	Step right back and turn ½ to right, step left next to right, step right forward Rock left forward, recover to right				
21&24	Step left back and turn ½ to left, step right next to left, step left forward (12.00)				
21024	Step left back and turn 1/2 to left, step right flext to left, step left forward (12.00)				
HEEL, HITCH,	TURN				
25 -28	Right cross over left, left step back, right next to left, left step forward				
29 -30	Put right heel forward, hitch right foot infront of left leg				
31 -32	Lift left heel and turn ¼ to left on left toe and put right heel forward, cross right foot infront of				
	left leg (09.00)				
C = 16 counts					
RAISE ARM, S					
1 - 4	Raise right arm in the air four times				
5 - 8	Stamp left toe next to right four times with high knees. On the forth time turn ½ to left (03.00)				
STAMP TOE,	SWIVEL				
9 -12	Stamp right toe next to left four times with high knees				
13	Put right heel down and lift right toe up and point it diagonally to right and at the same time				
	step on left toe and point left heel diagonally to left				
14					
14	Switch to left heel and right toe and turn the feet opposit to step 13				
15	Switch to left heel and right toe and turn the feet opposit to step 13 Switch to right heel and left toe and turn like step 13				
15 16	Switch to right heel and left toe and turn like step 13				
15 16 D = 20 counts	Switch to right heel and left toe and turn like step 13 Switch to left heel and right toe and turn like step 14 (03.00)				
15 16 D = 20 counts KICK TWICE, 0	Switch to right heel and left toe and turn like step 13 Switch to left heel and right toe and turn like step 14 (03.00) COSTER STEP				
15 16 D = 20 counts KICK TWICE, 0 1 - 2	Switch to right heel and left toe and turn like step 13 Switch to left heel and right toe and turn like step 14 (03.00) COSTER STEP Kick right foot forward twice				
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times (09.00)

15&16 Cross right behind left, step left to left side, step right to place (09.00)

SAILOR STEP, BEND KNEES

17&18 Cross left behind right, step right to right side, step left to place

19 -20 Bend knees with foot together and rise up (09.00)

E = 12 counts (wall 06.00) CHASSÉ WITH A HOLD

1 -	2	Right to	right	ahia	hold
- 1		KIOHI IO	Han	Side.	HOR

&3 -4 Left next to right, right to right side, touch left next to right

5 - 6 Left to left side, hold

&7 -8 Right next to left, left to left side, touch right next to left (06.00)

ROCK, RECOVER

9 -10 Rock right forward, recover to left 11-12 Rock right back, recover to left (06.00)

The five differtent parts will come in this order in the dance:

A - B - C - D (09.00) A - B - C - D (06.00) E (06.00) C - D - D (12.00) C - D (12.00)

The dance will end at the last count of part D and will be facing wall 12.00