

It's The Climb

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Higher Intermediate - NC2
編舞者: Christina May (UK) - June 2012
音樂: The Climb - Miley Cyrus : (iTunes)



(Start 8 counts in on vocals)

(1-8) R SIDE NC BASIC, ¼, ¼, CROSS L OVER R, R SIDE NC BASIC, ¼, ¼, STEP FORWARD L

1 2& Step R to R side, rock back L, recover
3&4 Turn ¼ R stepping back on L, turn ¼ R stepping R to R side, cross L over R
5,6& Step R to R side, rock back L, recover
7&8 Turn ¼ R stepping back on L, turn ¼ R stepping R to R side, step forward on L

(9-16) STEP FORW R ½ TURN L, TRIPLE TURN L (RLR), L FORW ROCK, REC, L BACK LOCK BACK

9,10 Step forward R, pivot ½ turn L
11&12 Triple turn left stepping ½ back on R, forward ½ turn on L, step forward on R
13,14 Rock forward on L, recover
15&16 Step back on L, cross lock R over L, step back on L

***RESTART* HERE: WALLS 2 & 5 (AFTER COUNT 16) TURNING ¼ RIGHT TO RESTART**

(17-24) ¼ TURN R STEPPING R TO R SIDE INTO NC BASIC, L TO L SIDE INTO NC BASIC, SIDE R, L BEHIND, TURN ¼ R ON R, L FORW STEP ½ TURN STEP

17,18& Turn ¼ right stepping R to right side, rock back L, recover
19,20& Step L to left side, rock back R, recover
21,22& Step R to right side, L behind R, turn ¼ right stepping R forward
23&24 Step forward on L, pivot ½ turn right, step forward on L

(25-32) REVERSE ½ TURN STEPPING BACK ON R, L, R COASTER, ROCK FORW L, REC, ½ TURN L, TRIPLE FULL TURN (LRL)

25,26 Turn ½ left walking back on R, L
27&28 R coaster (back R, together L, forward R)
29,30 Rock forward on L, recover
31&32 Turning ½ turn left into a full triple turn (LRL – forward on left, ½ turn left stepping back on R, ½ turn left stepping forward on left).

TAG: (DANCED ONCE AT END OF WALL 3)

R NC BASIC, L NC BASIC, STEP ½ TURN, STEP ½ TURN

1,2& Step R to R side, rock back L, recover
3,4& Step L to L side, rock back R, recover
5,6 Step forward R, pivot ½ turn left
7,8 Step forward R, pivot ½ turn left

ENDING: POINT RIGHT BEHIND LEFT UNWIND ½ TURN RIGHT TO FRONT WALL AFTER COUNT 16