

Go Mambo

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Deshimona (INA) - April 2012
音樂: Mambo Italiano - Patrizio Buanne



Intro 32 counts - Sequence ; AA B A Tag AAAA B AAAAA

A (32 Count)

A.I. Right Rocking Chair, Right Chasse

1 2 3 4 Step Right forward, recover on L, step back on R, recover on L
5 6 7 8 Step R to R side, step L beside R, step R to R side, step L touch beside R

A.II. Left Rocking Chair, Left Chasse

1 2 3 4 Step L forward, recover on R, Step back on L, recover on R
5 6 7 8 Step L to L side, step R beside L, step L to L side, step R touch beside L

A.III. Cross, Recover, Side, Recover, Behind, Recover, Side, Recover

1 2 3 4 Step R cross over L, recover on L, step R to R side, recover on L
5 6 7 8 Step R behind L, recover on L, step R to R side, recover on L

A.IV. Paddle 1/8 Turn Left (4 x)

1 2 3 4 Step R forward diagonal R, turn 1/8 L, step R forward, turn 1/8 L
5 6 7 8 Step R forward, turn 1/8 L, step R forward, turn 1/8 L (weight on L)

B (32 Count)

B.I. Rumba Box

1 2 3 4 Step R to R side, step L beside R, step R forward, hold
5 6 7 8 Step L to L side, step R beside L, step back on L, hold

B.II Turn ¼ R Rumba Box

1 2 3 4 Turn ¼ R and step R to R side, step L beside R, step R forward, hold
5 6 7 8 Step L to L side, step R beside L, step back on L, hold

B.III. Turn ¼ R Out Out, Turn ¼ R In, In, Out, Out, Turn ¼ R In, In

1 2 3 4 Turn ¼ R and step R forward diagonal R, step L forward diagonal L, turn ¼ R and step back on R, step back on L beside R
5 6 7 8 Step R forward diagonal R, step L forward diagonal L, turn ¼ R and step back on R, step back on L beside R

Style : Do it with circular hip

B.IV. Pivot ½ L (twice), Jazz box

1 2 3 4 Step R forward, turn ½ L step L forward, step R forward, turn ½ L step forward
5 6 7 8 Step R cross over L, step back on L, step R to R side, step L forward

TAG (16 count) : R Forward Mambo, L Back Mambo, R Side Mambo, L Side Mambo

1 2 3 4 Step R forward, recover on L, step R beside L, hold
5 6 7 8 Step back on L, recover on R, step L beside R, hold

1 2 3 4 Step R to R side, recover on L, step R beside L, hold
5 6 7 8 Step L to L side, recover on R, step L beside R, hold

HAPPY DANCING !!

Contacts : mdeshimona@yahoo.com

