

# Hot Sexy Mama

拍數: 64      牆數: 4      級數: Improver  
編舞者: Francien Sittrop (NL) - May 2012  
音樂: Hot Sexy Mama - Bouke



**Intro: Start after 64 counts from the beginning (20 sec.)**

**[1 – 8] Toe struts x2 , Kicks x2, Step Back, Touch**

1 – 4            Step on R toe fwd, Step R heel down , Step on L Toe fwd, Step L heel down (12.00)  
5 – 6            Kick R fwd x2  
7 – 8            Step R back, Touch L in front of R Toe

**[9-16] Step Back & Touch x2 , Coaster Step , Scuff**

1 – 2            Step L back , Touch R in front of L Toe  
3 – 4            Step R back, Touch L in front of R Toe  
5 – 8            Step L back, Step R next to L, Step L fwd , Scuff R fwd

**[17-24] Lock Steps with Scuff x2**

1 – 4            Step R fwd, Step L behind R, Step R fwd, Scuff L fwd  
5 – 8            Step L fwd, Step R behind L , Step L fwd, Scuff R fwd

**[25-32] Mambo fwd, Hold, Sailor ¼ R . Hold**

1 – 4            Rock R fwd, Recover on L, Step R step Back, Hold (09.00)  
5 – 8            Step L behind R with ¼ Turn L, Step R to R side, Step L next to R, Hold

**[33-40] Swivels L , Hold and Clap, Swivels R , Hold and Clap**

1 – 4            Swivel Both Heels L, Swivel Both Feet L, Swivel Both Heels , Hold and Clap  
5 – 8            Swivel Both Heels R, Swivel Both Feet R, Swivel Both Heels R, Hold and Clap

**[41-48] Side Mambo , Hold x2**

1 – 4            Rock L to L side, Recover on R, Step L next to R, Hold \*\*Restart Wall 5\*\*  
5 – 8            Rock R to R side , Recover on L, Step R next to L, Hold

**[49-56] Heel Grinds x2, Shuffle with Scuff**

1 – 2            L Heel Grind fwd  
3 – 4            R Heel Grind fwd  
5 - 8            Step L fwd, Step R next to L, Step L fwd, Scuff

**[57-64] Mambo fwd , Hold, Coasterstep, Hold**

1 – 4            Rock R fwd, Recover on L, Step R back, Hold  
5 – 8            Step L back , Step R next to L , Step L fwd , Hold

**Tags: After walls 2 & 4 The music stops .  
Touch R fwd for 4 counts and start again with count 1.**

**Restart: During wall 5, Restart after count 44, Start again with count 1.**

**Contact - Website: [www.franciensittrop.nl](http://www.franciensittrop.nl)**