

Old Farmer's Mix (P)

COPPERKNOB
STEPSHEETS

拍數: 96

牆數: 0

級數: Phrased Intermediate Partner /
Circle

編舞者: Oda Simonsen (DK) & Frank Simonsen (DK) - May 2012

音樂: Suspicious Minds - Clay Aiken



Position A: Right Open Promenade, Start dancing on lyrics

Position B: Right Side-by-Side

Sequence: AAAA B Tag AAA

A: 48 counts

STEP, STEP, SHUFFLE ½ TURN, STEP ½ TURN, STEP,

- | | |
|-----|--|
| 1-2 | Man: Step left forward, step right forward |
| 1-2 | Lady: Step right forward, step left forward |
| 3&4 | Man: Shuffle left, right, left ½ turn to right |
| 3&4 | Lady: Shuffle right, left, right ½ turn to left |
| 5-6 | Man: Step right ½ turn to right, step left forward |
| 5-6 | Lady: Step left ½ turn to left, step right forward |
| 7&8 | Man: Chassé forward right, left, right |
| 7&8 | Lady: Shuffle forward left, right, left |

MAN: STEP, PIVOT, SHUFFLE, STEP, STEP, TRIPLE STEP ¼ TURN

LADY: STEP, PIVOT, SHUFFLE, STEP ½ TURN, STEP, TRIPLE STEP ¼ TURN

- | | |
|--|--|
| 1-2 | Man: Step left forward, pivot ½ turn to right |
| 1-2 | Lady: Step right forward, pivot ½ turn to left |
| Lady's right arm in man's left arm. | |
| 3&4 | Man: Chassé forward left, right, left |
| 3&4 | Lady: Shuffle forward right, left, right |
| 5-6 | Switch side with partner. Lady pass under man's left arm |
| 5-6 | Man: Step right forward at 11:00, step left forward at 9:00 |
| 5-6 | Lady: Step left ¼ turn to right, step right forward |
| 7&8 | Man: Triple step right, left, right on place turning ¼ turn to left |
| 7&8 | Lady: Triple step left, right, left on place turning ¼ turn to right |

Left open promenade position

MAN: STEP, CROSS, TRIPLE STEP, STEP, CROSS, TRIPLE STEP

LADY: STEP, CROSS, TRIPLE STEP, STEP, STEP ½ TURN, TRIPLE STEP ½ TURN

- | | |
|-----|--|
| 1-2 | Switch position with partner. Lady pass in front of man |
| 1-2 | Man: Step left to left, Cross right behind left |
| 1-2 | Lady: Step right to right, cross left behind right |
| 3&4 | Man: Triple step left, right, left to left |
| 3&4 | Lady: Triple step right, left, right to right |
| 5-6 | Switch side with partner. Lady pass behind man turning a full turn |
| 5-6 | Man: Step right to right, cross left behind right |
| 5-6 | Lady: Step left to left, step right ½ turn to right |
| 7&8 | Man: Triple step right, left, right on place |
| 7&8 | Lady: Triple step left, right, left ½ turn to right |

Left open promenade position

STEP, STEP ¼ TURN, TRIPLE STEP, STEP, STEP, TRIPLE STEP ¼ TURN

- | | |
|-----|--|
| 1-2 | Switch side with partner, Lady passing under man's left arm. |
| 1-2 | Man: Step left to left, step right back ¼ turn to right |

- 1-2 Lady: Step right to right, step left back ¼ turn to left
- 3&4 Man: Triple step left, right, left moving lightly to left to finish facing lady
- 3&4 Lady: Triple step right, left, right moving lightly to right to finish facing man

Open single hand hold position

- 5-6 Switch side with partner. Man passing under lady's right arm.
- 5-6 Man: Step right forward, step left forward
- 5-6 Lady: Step left forward, step right forward
- 7&8 Man: Triple step right, left, right ½ turn to left
- 7&8 Lady: Triple step left, right, left ½ turn to right

MAN: STEP, STEP, TRIPLE STEP ¼ TURN, STEP, STEP, SHUFFLE

LADY: STEP, STEP, TRIPLE STEP ¾ TURN, STEP, STEP, SHUFFLE

- 1-2 Switch side with partner. With his right hand, man takes lady's left hand

Releasing the other hand.

- 1-2 Man: Step left forward, step right forward
- 1-2 Lady: Step right forward, step left forward
- 3&4 Man: Triple step left, right, left ¼ turn to right
- 3&4 Lady: Triple step right, left, right ¾ turn to right

Right open promenade position

- 5-6 Man: Step right forward, step left forward
- 5-6 Lady: Step left forward, step right forward
- 7&8 Man: Shuffle right, left, step right forward
- 7&8 Lady: Shuffle left, right, step left forward

MAN: ROCK STEP, SHUFFLE ½ TURN, SHUFFLE ½ TURNS, ROCK STEP

- 1-2 Man: Rock left forward, back on right foot
- 1-2 Lady: Rock right forward, back on left foot
- 3&4 Release hands
- 3&4 Man: Shuffle left, right, left ½ turn to left
- 3&4 Lady: Shuffle right, left, right ½ turn to right
- 5&6 Man: Shuffle right, left, right ½ turn to left
- 5&6 Lady: Shuffle left, right, left ½ turn to right
- 7-8 Retake right open promenade position
- 7-8 Man: Rock left back, back on right foot
- 7-8 Lady: Rock right back, back on left foot

REPEAT

B: 48 counts

BASIC FORWARD, BASIC BACK, FORWARD ½ TURN LEFT, BASIC BACK

- 1-3 Step forward left, step right beside left, step left beside right
- 4-6 Step back right, step left beside right, step right beside left

Release Right hands and raise Left hands

- 7-9 Step forward left, Pivoting ½ turn left step back right, step left beside right

Rejoin Right hands in Left side-by-side facing RLOD

- 10-12 Step back right, step left beside right, step right beside left

STEP, SWEEP TWICE, FORWARD, POINT, BACK, POINT

- 13-15 Step forward left, sweep right from back to front over 2 counts (keeping weight on left)
- 16-18 Step forward right, sweep left from back to front over 2 counts (keeping weight on right)
- 19-21 Step forward left, point right to right side, hold
- 22-24 Step back right, point left to left side, hold

TWINKLE ¼ LEFT, WEAVE, SLIDE, DRAG TWICE

- 25-27 Cross left over right, make ¼ turn left stepping back on right, step left to left side

28-30 Cross right in front of left, step left to left side, cross right behind left
31-33 Step left to left side, drag right towards left over 2 counts (keeping weight on left)
34-36 Step right to right side, drag left towards right over 2 counts (keeping weight on right)

MAN: SIDE TOUCH X2

LADY: LEFT ½ TURN POINT, RIGHT ½ TURN TOUCH

37-39 Man: Step left to left side, touch right to left, hold
40-42 Step right to right side, touch left to right, hold

37-39 Lady: Make ½ turn left, point right to right side, hold (face to face)
40-42 Make ½ turn right, touch left beside right, hold

¼ TURN LEFT, PIVOT ½ TURN X 2

Release right hands and raise left hands

43-45 Step forward left making ¼ turn left, step forward right pivoting ½ turn left, step back left
46-48 Step back right, pivoting ½ turn left step forward on left, step right forward

Tag: BASIC FORWARD AND BASIC BACK X 3

1-3 Step forward left, step right beside left, step left beside right
4-6 Step back right, step left beside right, step right beside left

Repeat 1-6, 3 times

Note:

End of A: Lady: Step down on right foot

End of B: Lady: Step down on left foot
