

Rat Race

COPPER **NOB**
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Audrey Watson (SCO) - May 2012
音樂: Rat Race - Dave Jorgenson



Intro: 36 counts

KICK KICK & CROSS POINT, JAZZ BOX CROSS

1-2& Kick right forward twice, step down on right
3-4 Cross left over right, point right side
5-6 Cross right over left, step left back
7-8 Step right side, cross left over right

GRAPEVINE ¼ TURN BRUSH, ½ TURN, WALK, WALK

1-2 Step right side, cross left behind right
3-4 Turn ¼ right and step right forward, brush left forward
5-6 Step left forward, turn ½ right (weight to right)
7-8 Step left forward, step right forward

Can be replaced by full turn

KICK KICK & CROSS ROCK, GRAPEVINE ¼ TURN BRUSH

1-2& Kick left forward twice, step down on left
3-4 Cross right over left, recover left back
5-6 Step right side, cross left behind right
7-8 Turn ¼ right and step right forward, brush left forward

FORWARD ROCK, WEAWE BACK, ½ TURN, STEP BRUSH

1-2 Rock left forward, recover to right
3-4 Step left back, cross right over left
5-6 Step left back, turn ½ right and step right forward
7-8 Step left forward, brush right forward

ROCKING CHAIR, TURN ¼ TOUCH, TOUCH OUT IN

1-2 Rock right forward, recover to left
3-4 Rock right back, recover to left
5-6 Turn ¼ left and step right side, touch left next right
7-8 Touch left side, touch left toe next right

SIDE HOLD, ½ HOLD, ½ HOLD, BACK ROCK

1-2 Step left side, hold
3-4 Turn ½ left and step right side, hold
5-6 Turn ½ right and step left side, hold
7-8 Rock right back, recover to left

MONTEREY ½ TURN TOUCH, GRAPEVINE ¼ TURN, BRUSH

1-2 Touch right side, turn ½ right and step right next left
3-4 Touch left side, touch left next right
5-6 Step left side, cross right behind left
7-8 Turn ¼ left and step left forward, brush right forward

½ TURN, WALK, WALK, ¼ TURN TWICE

1-2 Step right forward, turn ½ left (weight to left)
3-4 Step right forward, step left forward

5-6 Step right forward, turn $\frac{1}{4}$ left (weight to left)
7-8 Step right forward, turn $\frac{1}{4}$ left (weight to left)

REPEAT

TAG: At the end of walls 1, 3, and 4

ROCKING CHAIR

1-2 Rock right forward, recover to left
3-4 Rock right back, recover to left
